



Suburb News

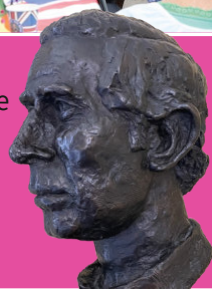
Hampstead Garden Suburb Residents Association

Photo: Myke Jacobs



Take a great portrait shot like this and win fame and fortune in our Photo Competition, details p 12

Find out where King Charles III is residing in the Suburb, p 9



We interview Geraldine Maidment, Head of HGS's 'secret school', p 8



Congratulations and celebrations

SHELLEY-ANNE SALISBURY

Celebrations and congratulations abound in this issue of Suburb News. Congratulations and a warm welcome to the Suburb's two new clergy, Revs. Emily Kolltveit and Aled Jones, installed at St Jude's and the Free Church respectively. They introduce themselves on page 9. Suburb residents have been out celebrating the coronation of King Charles III with colourful street parties held across the Suburb. See Myke Jacobs' photo above of the Constable Close Street Party and our article with photos of other Suburb coronation celebrations on page 17.

Another fabulous celebration was our nation's support of Ukraine when we hosted the Eurovision song contest in Liverpool to much publicity and acclaim. The music may not have been appreciated by all Suburb residents but the extraordinary thought and creativity behind the extravaganza certainly was!

Suburb residents should be congratulated for their recognition of and support for the many people (nationally and internationally) who are less fortunate than those of us lucky enough to live on the Suburb. Much has been achieved locally over the past years by individuals and organisations alike who have

Maito Shiode (Prizewinner - Piano) (Photo: Peter McCluskie)



dedicated time and resources to helping those in need. Many examples of this have already been reported in past issues of Suburb News and this issue is no exception. You may recall Suburb resident Kay Graham's incredible story in issue 147. In this issue you can read about how Kay is now using her own experience to help amputees at the Royal Free (p2).

And, of course, congratulations to the extremely talented prize winners of the North London Festival of Music Speech and Drama held at the Free Church and presided over by HGS resident, Robert Max (p11).

Definitely an issue of congratulations and celebrations all round!



Photo: Michael Eleftheriades

A new chapter for St Jude's

DAVID WHITE

On Thursday 4 May, a new chapter in the history of St Jude-on-the-Hill was started with the licensing and installation of Rev. Emily Kolltveit as the interim priest in charge of the parish that is St Jude-on-the-Hill, Hampstead Garden Suburb. Representatives of the other churches serving the residents of Hampstead Garden Suburb were present as were representatives of

other faiths in the Suburb. Rohit Grover, one of the ward councillors for the Suburb was also present, as was Simon Henderson of Hampstead Garden Suburb Trust. Parishioners from St. Mary's Primrose Hill attended as, until recently, Rev Emily was acting as Priest-in-Charge of that Parish whilst she completed her curacy.

The music was directed by St Jude's Director of Music, Nicholas Chalmers, and the choir was

(continued on page 2)



The Residents Association AGM took place on 27 March in The Henrietta Barnett School Hall under the watchful eye of Henrietta Barnett herself. See page 3 (Photo: Michael Eleftheriades)

DESPITE THE ECONOMIC TURMOIL... WE ARE STILL ABLE TO PULL RABBITS OUT OF THE HAT

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Kay, back at the Royal Free (Photo: Royal Free Charity)

Back at the Royal Free but to help out this time

SHELLEY-ANNE SALISBURY
& THE ROYAL FREE CHARITY

Suburb News readers might recall an article we included in the Autumn 2021 issue of Suburb News about HGS resident Kay Graham who's leg was amputated as part of life-saving treatment for an abdominal aortic aneurysm. Luckily the aneurysm occurred when Kay was on a Zoom call with her local theatre

group, Garden Suburb Theatre. The other group members acted fast, calling an ambulance and her neighbour to help.

Kay was treated at the Royal Free Hospital and had a six-hour operation on her aorta. The swift action from her friends saved Kay's life but a lack of blood to her leg meant it had to be amputated.

Kay's recovery meant accessing lots of different services in various parts of London, which showed

her how complex the system can be, "Doctors understand your clinical needs, and nurses can talk to you about wound recovery, and physiotherapists will help you get your movement back, but each of them don't really know about what stage is next in the system, what happens next, how do you cope once you are home?"

Kay accessed the Royal Free Charity amputee support group while in hospital. The group meets online fortnightly for patients who are still on the hospital's wards and those further into recovery.

Kay now attends the group to offer advice to amputees who are just starting to navigate life after amputation, "I want to reassure people that an amputation is not the end of normal life. With help, and a fair amount of stubbornness, one can get all sorts of help. I try to explain what happens when you leave the hospital, how you get your prosthetic and how to access help from the local authority." As well as attending the support group, Kay visits the wards on a regular basis offering practical and moral support.

To find out more about the the Royal Free Charity, visit their website at royalfreecharity.org.

How to home-charge your EV in the Suburb if you park on the street

IVAN BERG

About a third of the houses in the Suburb have no drive-ways and no designated on-street parking spaces, so electric car owners have no way of charging their sparkling new pride and joy at home. Barnet Council's Street lamp charge points are few and far between, so EV owners often break the law by obstructing the pavement with one of those bright yellow striped trip-you-up rubber strips that hide and protect an extension lead that runs from the house. Of course this can only work if you can always park outside your house. Unusual in the majority of parked-up streets in the Suburb. Note: it is illegal to use cones, recycling bins, boxes etc. to claim your space.

There is a better way to get a cable across a pavement to your car. An underground duct terminating at the kerb with a socket in a weatherproof box. But this can cost up to £3,000 and requires planning permission and a designated electric car charging space. I can't see Barnet Council giving priority to an application, but you never know.

If this was my problem, (It isn't because I have off-street parking and don't own an electric car), I would avoid the fuff and go the easy way by getting my own portable power-bank, such as the battery on wheels 'ZipCharge Go' (rentable from the second quarter of this year from £49 a month, or buy for around £2,000) This is akin to having an emergency one-gallon petrol can in your boot. A fully charged ZipCharge Go will give you between 20 and 30 miles. You charge it on a domestic three-pin plug.

My other solution would be to subscribe to Charge Fairy (chargefairy.com). For £5.99 per week an electric Nissan battery van will arrive at your car overnight and provide you with 10kWh of charge – enough for about 30 miles. If you need more

miles, the charge per additional kWh is 63p - similar to prices charged by public EV charge points. It's all done on a phone App of course.

Not available yet there's 'Ziggy' a mobile charging robot in the US that comes to you, and Volkswagen are prototyping a cute looking mobile charging robot that can zip around a car park charging cars completely autonomously. You can see it working on YouTube – it's very funny.

Nevertheless, the EV charging problems and the increasing costs of electricity, together with the lack of public charge points, and the hassle of having different Apps and accounts and passwords for different charge providers is having a detrimental effect on the electric car market. Both new and used electric cars, according to Autotrader, are not moving from dealer's forecourts and are dropping in price. Used Nissan Leafs and Renault Zoes are now around £10,000, down from £13,000 to £15,000 two years ago.

And there's new life in the internal combustion engine. It's down to a completely fossil-free green fuel called 'efuel'. It's made from water and wind energy turned into hydrogen and captured or atmospheric CO2 and it's fully compatible with the existing petrol station infrastructure. It can be used in any internal combustion engine. Porsche are leading the fuel's development with a purpose-built factory in Chile. They're running the Porsche GT3 competition cars on the new fuel. It could be at your local petrol station as soon as 2028.

In the EU the politicians have been listening: they have lifted the ban on the sale of cars with internal combustion engines after 2035, provided that they run on efuel. Will the UK follow suit?



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Photo: Michael Eleftheriades

An appreciative tone at the RA AGM

JUDY MARCUS

I don't usually sit in the front row at meetings but having been asked by the Suburb News editors to write a report of this year's Residents Association Annual General Meeting, I thought I should probably sit front and centre, so I didn't miss a thing.

There was a very respectable turn out in The Henrietta Barnett School Hall. HGSRA Chair, Emma Howard, started the meeting by welcoming everyone and introducing the RA officers. Her style is effective and no-nonsense – think Angela Merkel rather than Meghan Markle – and very good it is too to see the results.

Emma mentioned the late and much missed Philip Okrent following a tragic road accident in November, and reminded us of his good works looking after and keeping safe the Suburb pavements.

This appreciative tone set the precedent for the evening. I particularly liked the thanks given to Suburb News volunteer distributors which I thought was very well deserved. My friend Francine is one such tireless volunteer and is undisputedly a local hero.

Suburb News editors were duly praised by RA officers for a 'wonderful new edition'. Editor Shelley-Anne Salisbury, believing we live in a bit of a bubble, tries to ensure we look beyond the Suburb at the wider world. Recent articles have touched on Ukraine

and the earthquakes in Syria and Turkey. Listening, I recalled the New York Times' remark about the editor of the Ham and High in the 1980s '...the only local paper with a foreign policy'. Shelley-Anne, there you go – a challenge for you!

It was most heartening to hear how the Trees & Open Spaces Committee carefully husband our wonderful natural resources, as well as how the HGS community harvesting team collects apples (and other fruit) from local gardens to supply to foodbanks. And if anyone wants to go hedgehog counting on the Heath (I know I do) this is a thing!

The increased use of Astroturf was mentioned as 'a real shame': but, on the positive side, Grey Close residents want to pay for street trees to be planted in their Close... something for their children to enjoy and for posterity.

It was good to hear about concerted local efforts to try, at however small a level, to improve the environment. The RA's environment committee (REACH) is offering residents advice on reducing heat output in our homes and offering the use of infra-red cameras to locate where heat is escaping.

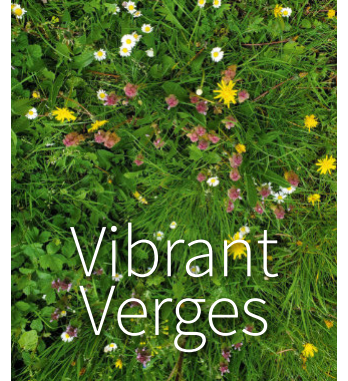
It was sobering to hear about poor air quality in the Suburb (despite all our greenery). We are, of course, surrounded by major ring roads and a lot of cut through traffic. Air quality recording systems are now available, and the REACH committee has been awarded one

which will be installed on Meadway nearby the roundabout with Hampstead Way.

Councillor Rohit Grover spoke on Suburb traffic issues, most pressingly a problem with the mini roundabout at the Hampstead Way/Meadway junction. People sometimes drive straight over the junction and that morning there had been an accident involving a car and a motorcycle. Councillors' interventions have now resulted in a commissioned study being undertaken, with newly acquired funding, to seek possible solutions.

Comments and questions from the floor were presented to the Councillors and generally related to traffic flow problems and anti-social parking across private drives on Northway and Addison Way. Councillors were also quizzed about Temple Fortune Health Centre's proposed redevelopment and the likely impact for local residents if it goes ahead. Participants were keen to have a meeting with the GPs who own the building to try to find out more.

The RA AGM is a platform for HGS residents to have their say on local matters. If you have an issue, or if you just want to glean the depth and breadth of what is going on in the Suburb, and to appreciate the behind-the-scenes work, I would definitely encourage you to attend the RA AGM next year. It is members only so please do join via their website, hgsra.uk, if you are not a member.



Vibrant Verges

Grass verges are integral to the overall design of HGS and contribute to its outstanding character. Grass verges, like street trees, add to the joy of living in this green garden suburb. Looked after verges have many benefits: they host wildflowers, trees and invertebrates, reconnecting natural habitats within green corridor ecosystems.

The delicate charm of our wonderful wildflowers is under-appreciated in our modern 'tidy' gardens, and they have to depend on biodiversity niches such as verges and twittens. Some even adapt to occasional mowing by completing their life cycles in miniature. Small verge sections can grow dozens of important pollinator species such as forget-me-not, speedwell, daisy, dandelion, celandine, crane's bills, candytuft, bitter cress, bellflower, self-heal and clover.

It's a shame when drivers don't stick to the road and mount grass verge pavements to leave deep, compacted tyre indents in the soil. This is not only ugly but destroys what is in fact a public and biodiversity amenity. Sustainably managed public green spaces can add up to support the charity Plantlife's campaign to restore at least some of the 97% of wildflower meadow areas lost over the past century (plantlife.org.uk/case-studies/road-verges/).

Therefore, it's heartening when residents adopt a damaged verge outside their house. We spotted a resident's newly seeded section, imaginatively guarded by balloons on wire posts. Quite a contrast to the churned-up verges further along.

Why not look after a grass verge outside your home!

Maria Schlatter (article & photo)

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Traffic Penalties

GARY SHAW

In recent years Barnet Council has accrued to itself the power to use CCTV cameras for what are known as moving traffic contraventions. These include banned left, right or U-turns, no entry restrictions and box junction infractions. More than once residents have asked me for help fighting box junction tickets which they correctly believed were issued without justification and I am concerned that some of Barnet's enforcement staff appear not to understand the nature of the box junction restriction.

It is not always recognised that there is no blanket prohibition on stopping inside a box junction: it is in fact perfectly legal to do so

voluntarily. In addition, no contravention will have occurred if a vehicle stops because traffic lights have changed, pedestrians have stepped out or because a moving vehicle has cut across in front. The box junction restriction applies only if a vehicle is forced to come to a halt because the required exit is blocked by stationary traffic. Furthermore, right turning traffic may remain stationary in the junction for as long as it takes for opposite direction moving traffic to clear the right turn path. This applies not only to the first car in the right turn queue but also to any following vehicle. In other words, if you are turning right, it is legal to stop in a box junction behind a stationary vehicle if that vehicle is

also turning right and is waiting for oncoming traffic to pass through the junction.

Unfortunately there have been cases where Barnet Council has issued tickets where drivers have simply elected not to leave the box junction when their exit has been clear. Such tickets are invalid and where challenged the Council has had to cancel them. If Barnet are in the habit of issuing tickets whenever a vehicle is voluntarily stopped in a box junction it seems highly likely that a great many invalid tickets will have been issued and paid by residents who assumed they had broken the rules when that would not have been the case.

With the help of our Suburb councillors we are putting pressure on the Council to ensure that their enforcement staff fully understand yellow box rules, but in the meantime residents might take the opportunity to better acquaint themselves with what is a widely misunderstood regulation. Local box junctions monitored by CCTV include those at Bridge Lane/ Finchley Road in Temple Fortune, at the Golders Green War Memorial and outside the Holiday Inn on Regents Park Road going south towards Henly's Corner.

As always, if anyone needs help with a parking or traffic ticket I will be happy to assist – my email is penalties@hgsra.uk.



Photo: Tania Naiden

Further plans for playground

COLIN GREGORY

It is now six months since the playground on the Heath Extension was refurbished by the City of London with financial support from the RA and the generous HGS Community.

With days getting longer and warmer, Olivia White, who spearheaded the initiative, was asked how she and her friends have enjoyed using it. Olivia says, "It has been fantastic seeing the playground being used by so many children since it was finished in November, despite the wintery weather, and it will only get better as spring arrives! My favourite piece of new equipment would have to be the basket swing because it can be enjoyed by people of all ages, and it goes so high that you feel like you are being shot up into space!" Her friend Hila added, "I think the playground is well-designed and relevant for all ages. People want to use it more and it has a fun atmosphere. I love the

new equipment!" Another friend, Sloane, said "Olivia put the best of herself into the playground refurbishment and it has really paid off. It's amazing what one girl can do! We love it!"

Because prices went up while the work was being planned, some of the equipment intended to be included had to be left out. The RA is now launching a campaign to raise a further £12,000 to fund the installation of a toddler slide with wooden platform and a four-person wooden seesaw.

Olivia says, "Although we were unable to buy all the equipment originally planned, we'd like to raise further funds to complete the project. It already looks absolutely amazing and is giving local children lots of fun, so thanks to everyone who has supported the project so far – but let's finish what we started!"

If you would like to contribute towards this further fundraiser, please contact Colin Gregory, the RA's Heath representative, on colingregory@talk21.com.



Play your part in keeping our Suburb special

The Hampstead Garden Suburb Residents Association was formed over 110 years ago. With nearly 1,900 members, it has become a strong, enthusiastic community in the Suburb. It:

- organises social events including the Summer Fair and Hallowe'en/New Year's Eve festivities •
 - maintains and enhances the greenery in the Suburb by funding the planting of street trees and setting up of a community orchard •
 - supports residents to prepare for environmental challenges •
- works with LB Barnet to keep the Suburb clean and supports local litter picking volunteers •
- supports local community groups and donates to local charities, including Proms at St Jude's •
 - produces the quarterly Suburb News and annual Suburb Directory delivered by volunteers to all households in the Suburb •
 - produces the monthly Suburb eNews with local information and events circulated by email to members only •
- provides access to the Master Tradespeople List with recommendations from fellow Suburb members and the HGS List email group: both available to RA members only •



Photo: Daniella Levene

Keeping the Suburb green should be as important to all of us as it was to Dame Henrietta and you can play your part by getting involved with our Trees and Open Spaces Committee.

As well as trying to protect the Suburb's amazing trees (including, currently, one amazing ancient oak that is being threatened), we would also like to initiate a Suburb Community Harvesting scheme to pick up on the scheme initiated by Barnet Community Harvesters.

The aim of community harvesting is to collect surplus fruit – mainly apples and pears – from people's gardens, allotments and public spaces – fruit that would otherwise go to waste – and get that fruit to food banks and other community causes.

So, if you want to help run this new scheme...or help with picking (it's so much fun!) or with transport...or have fruit to donate (we can come and pick it for you)...or want to join the Trees & Open Spaces Committee and help to keep the Suburb green, please contact: harvesting@hgsra.org.

Steven Rowe T&OS Committee member

Join the Hampstead Garden Suburb Residents Association online at hgsra.uk/join or call 020 3488 9131



Lighting and cameras installed at The Causeway (Photo: Peter McCluskie)



Photo: Gren Manuel

Want to reduce your home energy use by 75%?

GREN MANUEL

That's the remarkable energy-saving achieved by Judith Leary-Joyce, one of the speakers at the energy-saving forum organised in May by HGS REACH, the RA's climate action group. Ms Leary-Joyce owns a terraced house in a conservation area in St Albans built in 1901 and, despite her much-reduced heating bills, she says, "We're much warmer than we ever were."

The event focused on the kind of significant changes that result in this kind of dramatic energy-saving. Known as a 'retrofit', it involves insulating walls, floors, and roofs and generally taking a take-no-prisoners approach to reduce heat loss. An estate agent told Ms Leary-Joyce that the building's exceptional eco profile would make it a 'special sale' and increase its value by £90,000. This kind of energy-saving uplift may make good financial sense. But there is another, stronger impetus.

The UK's targets for reducing climate emissions demand that all homes built before 1990 get this kind of treatment, said Dermot Barnes, associate director of sustainability at environmental consultancy XCO2, another speaker at the event. Some 30% of UK carbon emissions come

from domestic buildings, with 80% coming from hot water and heating. So if the UK is to meet the targets it has set for itself, the heat loss from our homes must be dramatically reduced.

"If we are to meet our obligations under the Climate Change Act, we would need to do 25 million comprehensive retrofits in 30 years. And that's basically every house built before 1990," he said. "And just to translate that massive figure into something a bit more immediate, that means 833,000 homes a year, or one every 40 seconds."

The homes in the Suburb almost certainly need more work than most. A REACH poll earlier this year indicated 26% are entirely single-glazed. Only 32% of residents with lofts that can be insulated said they have the recommended 270mm thickness.

Some residents may think all energy-saving improvements are impossible as the HGS Trust would not permit them under the Scheme of Management.

But Simon Henderson, HGS Trust chief executive, joined the event for the Q&A session and was keen to dispel this belief. He said the Trust is routinely approving improvements such as double glazing that matches the original design. He said: "There is

a good percentage of properties on the Suburb that could have significant energy-saving improvements – but almost nobody's applied to do them."

He also noted the Trust has no say on changes that cannot be seen from outside the building. Residents with listed homes will need Barnet's permission for internal changes. But changes are still possible – Mr Barnes' firm has done extensive retrofit on historic buildings such as the old Battersea Town Hall, which is Grade 2* listed.

One of the most significant barriers to dramatic energy saving is a knowledge gap. A bad energy retrofit may not only go over budget and yield poor results but also impair ventilation, which can cause mould or other problems.

Moderator Sarah Stafford, who is managing her own retrofit in the Suburb, said finding good experts is hard. Ms Leary-Joyce had to do so much research she wrote a book afterwards: *Beginners Guide to Eco Renovation: Understand the Basics and the Best Questions to Ask*.

To help solve this problem, HGS REACH has created a new page on its section of the HGSRA website with links on retrofit. It also has a video from the event and the speaker presentations. Visit hgsra.uk/reach to learn more.

Suburb Ward Walks

CLLR. ROHIT GROVER

Over the past few months Barnet's Community Safety team have started planning 'Ward Walks' across the Borough, where councillors, the police and residents' associations visit areas where community safety issues, including anti-social behaviour, have been reported. Council officers from other departments, such as Environment, are also invited.

The first Garden Suburb Ward Walk took place at the end of March in the North side of the Suburb. The route started at East Finchley tube station and passed through several 'checkpoints' – locations where residents have reported safety concerns directly to the police, or the email inbox that is shared between the police and the council's Community Safety Team (safestreets@barnet.gov.uk).

These checkpoints were: The Causeway, Edmunds Walk, Deansway, Gloucester Drive and the path between Maurice Walk and the A1. The community safety issues that had been identified mainly revolve around the absence of CCTV, bad lighting, blind spots/hiding places and overgrown foliage.

Many will recall that a disturbing assault took place in The Causeway back in October 2020. Since then, the council has implemented several measures, including the installation of CCTV, improved lighting and cutting back the foliage that was both

obscuring the street lighting and providing hiding places.

Thankfully, no further incidents have been reported since then, although for many people this is clearly still an area of concern.

Regrettably, no representative from the local police was able to attend the Garden Suburb Ward Walk so we were unable to hear their views on The Causeway or learn much more about the incidents that had been reported at the other checkpoint locations along the route. However, the presence of Barnet environmental officers and representatives from the HGSRA did provide us with the opportunity to identify and report the following issues for action: fly posting on The Causeway, damage to the green on Edmunds Walk, overgrown foliage on Deansway and poor waste disposal practices behind Market Place.

These Ward Walks are to take place twice a year and I would expect the next one to be in the south side. While I was disappointed that we did not get the opportunity to explore some of the reported anti-social behaviour issues in greater detail with the police, I would encourage all readers to get in touch with your ward councillors at cllr.r.grover@barnet.gov.uk and cllr.m.mire@barnet.gov.uk so that we can take these types of issues up directly with the council's Community Safety Team and the police as necessary, and investigate them in future Ward Walks.



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SUBURB

OUT & ABOUT



In this series Suburb News spotlights the independent shopkeepers of Market Place

SIMONE HALFIN

Mitra Seyednia, originally from Iran, came to England three years ago, having worked in Dubai for many years. Mitra lives in Hampstead Garden Suburb. During covid she spent

her time checking out local cafés and realised there was nowhere that really welcomed dogs. Although there were several places who said they were dog-friendly, sometimes the other customers did not like dogs sniffing around them. Mitra believes dogs do feel

it if they are not wanted, so she decided to open Romeo and Juliet, named after her two English cocker spaniels.

Mitra provides the most wonderful dog treats and I asked her if anyone had ever eaten one by mistake, but she just laughed and said it had never happened as they were displayed completely separately. She has made dogs so welcome, with their own baskets, that when they come in with their owners they settle in immediately. Of course, there are many dogless visitors as well! My walking group end up there every Monday for coffee, which is delicious, as is the varied menu. At Christmas it was one of our leaders' birthday and Mitra baked a cake for us all.

On a Wednesday Mitra hosts a coffee morning, providing free drinks, cake and biscuits for anyone passing. She told me they were all neighbours from the area. This coffee morning was instigated by resident Brian Ingram and is such a sociable way to spend time. Part of the pleasure is sitting in such a beautiful space. Mitra told me that when she worked in Dubai, everything in cafés had a sense of luxury – pretty colours,

nice furniture. She has definitely achieved it here and her desire to effect a sense of spring has definitely worked. Mitra also said she has permission from Barnet to put tables and chairs out and an awning in front for people to enjoy the sunshine.

Currently, she runs the café with her 19-year-old daughter (who is waiting to go to university) and one other member of staff, but she hopes to expand and even open for drinks in the evening, possibly this Christmas.

Mitra finds it quite amusing that people ask if they can come in without a dog. If there are any doggy messes or breakages, she is well prepared. She did add that virtually all the dogs who came in were fully trained but might be so relaxed because of the gentle colours everywhere!

Mitra describes her menus as 'healthy with a twist of modern' and having listened to what her customers tell her she adapts the menu to suit everyone. She even got in special Passover foods and devised wraps with matzah. The menu is about to change with the season, so pop along and sample it with or without a dog!

Get a big welcome at Bishopswood Bowling Club



MICHAEL SPIRO

Spring has sprung and it's time to get outdoors, be active and have fun! If you've ever thought about taking up lawn bowling or returning to the game and you want a big, warm welcome, come along to Bishopswood Bowling Club, located on Lyttelton Playing Fields, just off Norrice Lea, next to the tennis courts.

We are now open from around 10am to when the sun goes down in the evening. Our experienced coaches will be delighted to give you some lessons and we can provide equipment too.

Our highly anticipated and well attended Open Days in May did not disappoint. People from the Suburb and beyond turned up and enjoyed the atmosphere, the tuition, chatting to our members. We are a friendly, sociable club and always delighted to see new players – of all

abilities or none. Come in whenever the gates are open. Everyone is welcome to join in, learn about the game and have a go. For more information, please visit the club website at bishopswoodbc.co.uk or contact us on 020 8058 2212 or email: info@bishopswoodbc.co.uk.

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Common Quaker adult; Least Black Arches adult; Light Brown Apple Moth adult; Lunar Marbled Brown adult; Sulphur Bark Moth adult (Photos: Mark Parsons)

Big Wood Friends hosts its first 'Moth Breakfast'

MELANIE EDDIS

An 8.30am start on Sunday 30 April didn't deter around 80 enthusiastic visitors from gathering at the Oakwood Road gate to find out more about Big Wood's nocturnal lepidoptera and enjoy some refreshments.

We were privileged to host Dr Phil Sterling, a leading authority with a lifetime of study of moths. Phil explained that there are more than 2,500 different species of moth in Britain compared with only about 60 species of butterfly, yet we are much more familiar with the butterflies in our gardens. It takes patience and ingenuity to

explore the diversity of moths that come out at night.

The night before we met, Phil set two moth traps in a garden adjacent to Big Wood. The traps shine a bright light to attract the moths, which fly down a funnel, settle on layers of egg boxes and rest safely until the trap is opened the next morning. Sometimes more than 60 species gather in the trap, but the unusually cold temperatures this year have delayed the emergence of the adult moths and, as Phil carefully lifted the layers, he entertained us with a colourful explanation of the life history of the nine species and 21 individual moths we saw. These

were Double-striped Pug, Oak-tree Pug (which doesn't live on Oak trees) and Brindled Pug (which does live on Oak trees), Lunar Marbled Brown, Common Quaker, Least Black Arches, and Oak Spring Jewel. We also saw two species originally introduced to Britain from Australia, probably on imported plants and fruits: Australian Orange-tip and Light Brown Apple Moth.

Phil also explained that the larvae of many tiny moths (known as micro-moths) live within a small part of a single leaf, creating a meandering track known as a leaf-mine as they munch their way along. The shape and size of the

leaf-mine, the time of year, and plant it is eating can give a good indication of the moth species. Lots of slightly bigger micro-moths play an important part in the ecology of a woodland like Big Wood and help to digest dead and decaying leaves, sticks and wood. Phil brought along a dead hazel stick encrusted with small black warts of the fungus Beech Barkspot. Some of the black bumps were linked with black and white grains, the 'frass' (faeces) of the caterpillars of Black-barred Fungus Moth which feed on the decaying wood (white) and fungus (black). He also showed us a log with what looked like grainy dust

caught up in silk, which was the frass adhering to silk left by the caterpillar of Sulphur Bark Moth which eat fungus and dead wood.

After the main event, the Forest School children enjoyed a chasing game of bats and moths and some moth craft and also welcomed some new enthusiasts to the group.

Dr. Phil Sterling is Programme Manager of Butterfly Conservation, the charity working to conserve butterflies and moths. We look forward to welcoming him back next year, and to exploring moths that emerge later in the season.

For more information, contact friendsofbigwood1@gmail.com.

Central Square Update Spring 2023



This year there will be a refreshment of the planting on the Square that has been such a success over the years.



We plan on improving accessibility to the Square by replacing the two steps at the path by the Free Church with a ramp.



As you might already have seen, we have planted a new Yew hedge by the Free Church steps to replace the unattractive and time-expired railings.



We will continue to replace memorial benches on the Square over the course of this year so that people can enjoy the Square more readily – please get in contact to learn the process of securing a bench on the Square.



We've been able to grant licences for local groups and organisations to use the Square for public events. Please get in contact if you would be interested in obtaining a licence or if you want to know more about this.

Trust Members – keep an eye out for the latest issue of Trust Times which will be arriving in your email inbox shortly.

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Annemount coronation celebrations (left: 2023, right 1953)

Geraldine Maidment's secret school

MARIE-CHRISTINE O'CALLAGHAN

Geraldine Maidment was a South Hampstead High School girl who went to UCL to study History of Art and German. She loved travelling and always visited the local schools because of a deep interest in education and early childhood. On graduating she worked for Sotheby's

but realised that she preferred people to objects so she trained as a teacher and worked at Basset House School, a coeducational prep school in North Kensington, and then at St John's Wood Prep School before setting up the Hilltop Nursery in Hampstead in 1987. In 1994 she took ownership of Annemount School. Often referred to as 'a secret', the school was

founded in 1936 by Elsie Jamaiker who remained head of the school until her death in the autumn of 1993. It is 'a secret' because being in the Suburb, it is not allowed to put a sign up, that is seen from the street – although there is a small sign by the front door which gives the contact details of the school.

When Geraldine took over Annemount School she wanted to

preserve many of the values that had been established by her predecessor which were kindness and courtesy and consideration and curiosity.

Geraldine believes that in the early years both language and personal emotional skills are the priority for successful learning and development. Teachers have very high expectations of the children's use of language. Every morning children are greeted with "Good morning, how are you?" and should reply "Very well thank you, how are you?" The children are expected to do their own thinking and organising. Listening is a life skill but so is the ability to plan – which the school calls 'executive function skills' – deciding what is your goal is and what you need to do to reach it.

She also felt strongly that at the end of the school day children should be able to go home and play instead of being ferried about to other lessons. So she organised a lot of specialist committed peripatetic teachers to teach dance, chess, music etc. Geraldine is very passionate about the importance of learning a musical instrument at an early age with the result that a surprising number of her pupils play the violin. Aki Blendis, a former pupil, was one of the finalists of BBC's young musician of the year 2022 and he will be performing in the Last Night of the Proms at St Jude's on Sunday 2 July. Aki is also a keen footballer, possibly because Annemount School has three football coaches



and organises the Independent School's Association Under 7s football tournament.

It also has a school council and one of its members, then a six-year-old child, Clara Chapman from the Suburb suggested a food bank drive and since then every first Friday of the month the children help at the local food bank. The annual fete which will be held on the 10 June and to which everybody is invited will help raise funds for the local food bank.

The school has a Director of Fun who makes sure that everything the school does is fun and child-centred and that everybody is on the side of the child, so that children who attend the school 'are safe, loved and learning'.

Geraldine's school remains 'a secret' because not only does it not have a large school sign but it also does not advertise, instead it relies on word of mouth and recommendations by the schools that Annemount School sends its pupils to. The 2022 report by the Independent Schools Inspectorate concluded that: 'The quality of the pupils' academic, personal development and other achievements is excellent' – a fitting tribute to Geraldine's achievement.

For further secret information visit annemount.co.uk.



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Our new clergy introduce themselves to the Suburb

REVD EM KOLLTVEIT

Hello, I'm Reverend Em Kolltveit and I am the new priest in charge at St Jude on the Hill, Hampstead Garden Suburb. I grew up in Cornwall, but I've lived and worked in London for all my adult life.

Before training for professional ministry, I performed in the No.1 selling classical act Mediaeval Baebes, picking up an Ivor Novello Award and an Emmy on the way. We were blessed with several classical Number Ones and toured all over the world. I was also the lead singer of the internationally recognised Heavy Metal band 'Pythia' and once pronounced 'Miss December' in Metal Hammer Magazine's annual calendar. I still sing professionally but my focus is now on my work as a Priest. As Alice Cooper said, "It's easy to be a rock star and trash your hotel room but to become a Christian, that's true rebellion!"

In 2014, my husband and I took on a failing pub in Colindale, turning it into an award-winning



community enterprise and winning 'Community Pub of the Year' twice in the great British Pub Awards.

For the last three years, I've been the Curate of St Mary's, Primrose Hill and part of the team at St Paul's Cathedral. I have a deep interest in building community,

spiritual development, and high-quality worship. I feel profoundly blessed to have been called to serve the wonderful people of the parish of St Jude's and look forward to getting to know you all.

Please contact me at: priest@stjudeonthehill.com.



REVD ALED JONES

My family and I are moving from the Teifi Valley in West Wales, where I have spent the last 13 years as minister to three rural Congregationalist churches in Carmarthenshire and Ceredigion. During that time I was also proud to be National Training Coordinator of the College of Welsh Independents.

I am no stranger to London, having obtained my undergraduate degree in Linguistics from University College London, as well as an MA in African Christianity from SOAS.

Following my first pastorate, my wife, Pauline, and I spent many years living, ministering and teaching firstly in Toronto, Canada and then in the Cape Town area, South Africa.

Our four children are currently studying at universities and colleges and are looking forward to getting to know London better. Pauline and I are keen to get to know the Suburb and many new friendships in the area.

Everyone is warmly invited to my induction service at the Free Church, Central Square, NW11 7AG on 2 September at 2pm. The service will be followed by a buffet.



Photo: Shelley-Anne Salisbury

Barbara Kulick's sculpture of the King

SHELLEY-ANNE SALISBURY

It isn't often that you enter someone's living room and come face to face with King Charles III. Well, alright, not the actual King Charles himself, but a life-size bronze bust of the then Prince of Wales, sculpted by Suburb resident Barbara Kulick, a renowned and prolific artist and sculptor.

Barbara was born in Hackney and brought up in Finchley but has lived in the Suburb for almost 60 years. Her home is filled to the brim with her work; there is so much to look at that you don't immediately notice Charles. The likeness is uncanny. Barbara remembers the drive up to Frogmore House in 1981, soon after Charles had married Diana. She recalls the then Prince of Wales as being extremely friendly, chatty and forthcoming (he made no secret of his feelings about his new wife).

It took three visits in total to 'capture' Charles. Once completed, the bust was unveiled in 1984 by the Rt. Hon. James Callaghan MP in Wales where it remained until it was returned to Barbara's home where the now King Charles III resides in her lovely drawing room, along with her other works of art.

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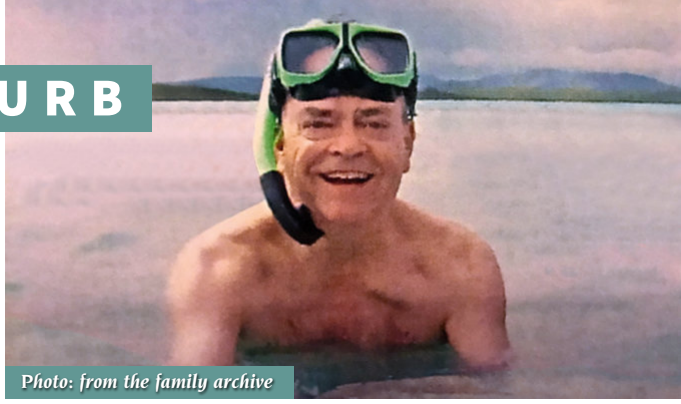


Photo: from the family archive

Jeremy Berkoff

1943 - 2023

ANDREW BOTTERILL

The lives of some residents slip under the radar of the Suburb commentariat. 'A Lifetime in Water' could be the strapline. Jeremy devoted the major part of his professional life to this most precious of our Earth's resources.

He was born in India; the family returning to London at the end of the war. Cambridge followed Westminster and the world of work took shape with stints at the Economist Intelligence Unit and then as an economist with the Ministry of Overseas Development. There followed 18 years as a water and irrigation specialist first with the World Bank and then as an independent consultant until his retirement.

A true internationalist, he worked in 37 countries and visited a further 34. A colleague noted that he was one of a small band

of engineers and economists that really made a difference wherever they worked. He was a prolific author in his field, and eschewed corporate politics and the greasy career pole, motivated only by his sense of humanity and passion for the environment.

Timing is everything, they say. But this timing was tragic. Jeremy died unexpectedly of an aortic dissection on the day before his 80th birthday and a long-planned celebration of his life with friends and family all of whom adored him – and he them. They have spoken of his curiosity, humour and kindness; of the legendary parties and dinners. He was a great conversationalist. In short, a most endearing character.

In retirement, he became Chair of the North West London Historical Association and many recall his warmth, incisive questioning and heroic IT struggles before talks.

The Order of Service contained an excerpt from Oliver Sacks' essay Gratitude which years ago Jeremy had earmarked for his funeral: "I have loved and been loved... I have read and travelled and thought and written. Above all, I have been a sentient being; a thinking animal on this beautiful planet and that in itself has been an enormous privilege and adventure."

Schools and then was at Keble College, Oxford where she studied Japanese, graduating in 1992. The College's tribute to her can be found at keble.ox.ac.uk/news/lucy-dee-1974-2023/.

After Lucy married Leo Dee at Norrice Lea synagogue, the couple travelled for a year and afterwards Lucy supported her husband when he was leading congregations in Radlett and Hendon. The family emigrated to Israel in 2014, settling in the town of Efrat. Lucy taught English in a nearby school, focusing her attention on those who needed most support. After her untimely death, five people received donations of life-saving organs from Lucy; an act of charity which her family said was wholly in keeping with her generous nature.

Her sister Gaby and brother-in-law Mike Sweidan, residents themselves of HGS, said "Lucianne will always be remembered as the best mother, wife, daughter, big sister, rebetzten, teacher, counsellor and friend to all of us in the UK, Israel and wider world. She was someone who selflessly inspired and taught us to embrace the values of what Judaism has to offer. She dedicated her life to charity, thinking of others and learning, turning away from a lifestyle of materialism."

Lucy Dee is survived by her husband Rabbi Leo Dee and their children Keren, Tali and Yehuda.



Lucy Dee with her daughters Rina and Maia (Photo: from the Dee family archive)

Lucy Dee

1974 - 2023

MARGARET HARRIS

Readers of Suburb News will have seen in other media during April the tragic news of the killing of three British-Israeli women – Lucy Dee and her daughters, Maia (aged 20) and Rina (aged 15).

Lucy was born Lucianne Shaw in 1974 and grew up in the Suburb with her brother and twin sisters – living in Ruskin Close and, later, Wildwood Road. Lucy attended Kerem and Henrietta Barnett

Alfred Huberman

1923 - 2023

MARGARET HARRIS

Suburb resident Alfred Huberman who died last February would have celebrated his 100th birthday this summer. His passing elicited fulsome praise and respect in the mainstream national media which focused especially on his heroic deeds during WW2 in the RAF – which he joined at age 17, driven by his wish to contribute personally to the fight against the Nazis.

He participated in an astounding 38 bombing operations against targets in Germany and occupied Europe. He was a 'tail end Charlie', or 'rear gunner' in a Lancaster, always on the look-out for enemy aircraft approaching from the rear of the plane. The casualty rate on bombing missions was very high but, miraculously, Alfred survived and was featured in 2018 in the RAF Museum's 'Hidden Heroes' Exhibition celebrating the Jewish contribution to Bomber Command.

Alfred later worked closely with Bee Gees' singer Robin Gibb to have a monument built in Green Park to honour those who had fought in Bomber Command. The monument was unveiled in June 2012 after thousands of donations were received for the cause which Alfred had championed.

But the war hero and decorated veteran was not the only side of Alfred Huberman's big personality. After the War he studied at St Martin's School of Art and became an accomplished artist and designer. One of his works, 'A View from the Turret', was donated to the RAF Museum when it opened in Hendon in 1983. He also helped establish a family firm which designed and manufactured ladies' coats. His Suburb home was full of his own paintings – as well as trophies acquired playing bridge and poker. Other hobbies included watching horse-racing and opera.

Alfred Huberman continued working until his late 80s. Work routines were then replaced by frequent visits to Temple Fortune for coffee and a card game.

He is survived by his wife of 72 years, Thelma; children Corinne, Peter, Michelle and Paul; five grand-daughters and two great-granddaughters.



Photo: Mike Stone

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SUBURB DIRECTORY 2023

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Hampstead Garden Suburb
Residents Association

HGS RESIDENTS ASSOCIATION

The HGS Residents Association is run by volunteers who work to represent the interests of Suburb residents and to foster a community spirit. The HGSRA:

- produces and distributes Suburb News on a quarterly basis for no charge to all homes in the Suburb;
- organises community events including the Summer Fair and New Year's Eve fireworks;
- gives grants to local community groups and playgrounds;
- collects donations for Fellowship, the local community charity;
- works to improve our trees and open spaces, and has established the new Henrietta Community Orchard in Lyttelton Playing Fields;

- our environment group (REACH) supports residents to help them achieve net zero by 2040;
- liaises with Barnet Council, HGS Trust and the Hampstead Heath management team to maintain and improve our infrastructure and green spaces;
- organises volunteer litter picking.

Further details including how to join the RA are on our website www.hgsra.uk. You can contact us by:

Email enquiries@hgsra.uk

Tel 020 3488 9131 (leave a message and someone will ring you back)

Post Fellowship House, 136A Willifield Way, London NW11 6YD

OFFICERS OF THE RA

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- E** chair@hgsra.uk

HON SECRETARY

- Peter McCluskie
- E** honsec@hgsra.uk

HON TREASURER

- Steve Morris
- E** treasurer@hgsra.uk

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PUBLICATIONS

- Shelley-Anne Salisbury
- E** publications@hgsra.uk

TREES & OPEN SPACES

- Steven Rowe
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MEMBERSHIP

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Hampstead Garden Suburb Map



Street	Map Ref	Leys, The
Addison Way	2B	2D
Arcade House	3A	3D
Asmunds Hill	3B	4C
Asmunds Place	3A	4C
Barnett Homesteads	3B	4C
Belmont Court	3A	4C
Belvedere Court	3E	4C
Bigwood Court	3C	4C
Bigwood Road	4C	4C
Birnbeck Court	2A	4C
Bishop's Court	2F	4C
Blandford Close	2D	4C
Brim Hill	2D	4C
Brookland Close	2C	4C
Brookland Garth	2C	4C
Brookland Hill	2C	4C
Brookland Rise	2B	4C
Brownlow Court	3E	4C
Brunner Close	3D	4C
Bunkers Hill	5D	4C
Bute Mews	3D	4C
Carlyle Close	4D	4C
Carpenter House	4D	4C
Central Square	4C	4C
Chalton Drive	4E	4C
Chatham Close	3B	4C
Childs Way	3A	4C
Church Mount	3E	4C
Clarendon Court	2A	4C
Coleridge Walk	2B	4C
Constable Close	4C	4C
Cornwood Close	2E	4C
Corringham Court	5B	4C
Corringham Road (56-90, 73-117)	5B	4C
Corringway	5C	4C
Cotman Close	4D	4C
Creswick Walk	2A	4C
Crispin Mews	2A	4C
Crosby Court	2D	4C
Deacon's Rise	3E	4C
Deansway (1-59, 32-68)	2F	4C
Denison Close	1D	4C
Denman Drive	3B	4C
Devon Rise	2E	4C
Dudley Court	2A	4C
Eastholm	2C	4C
Edmunds Walk	2F	4C
Emmott Close	4D	4C
Erskine Hill (1-114 inc)	3B	4C
Fairway Close	5D	4C
Falldon Way	2C	4C
Falldon Court	2C	4C
Farm Walk	3A	4C
Green Close	5D	4C
Greenhalgh Walk	2D	4C
Grey Close	4D	4C
Gurney Drive	2D	4C
Hampstead Way (1-59)	6D	4C
Hampstead Way (61-111, 6-22)	5C	4C
Hampstead Way (113-221, 24-164)	4B	4C
Harford Walk	2E	4C
Heath Close	5C	4C
Heathcroft	6C	4C
Heathfield	3D	4C
Heathgate	4C	4C
Heathview Court	5C	4C
Hill Close	4B	4C
Hill Rise	2C	4C
Hill Top	2C	4C
Hogarth Hill	2A	4C
Holne Chase	4D	4C
Holyoake Walk	1D	4C
Homestead	3B	4C
Howard Walk	2D	4C
Hurst Close	4C	4C
Hutchings Walk	2C	4C
Ingram Avenue	5D	4C
Kenwood Close	6E	4C
Kingsley Close	3D	4C
Kingsley Way	3D	4C
Leys, The	2D	4C
Linden Lea	3D	4C
Linnell Close	4C	4C
Linnell Drive	4C	4C
Litchfield Court	3C	4C
Litchfield Way	3D	4C
Ludlow Way	2D	4C
Lyttelton Court	3D	4C
Lyttelton Road	3D	4C
Lytton Close	3E	4C
Market Place	3D	4C
Maurice Walk	2D	4C
Meadway	4C	4C
Meadway Close	4C	4C
Meadway Gate	4C	4C
Middleton Road (29 & 31)	5B	4C
Middleway	3C	4C
Midholm	2C	4C
Midholm Close	2C	4C
Milton Close	3D	4C
Monarch Court	3D	4C
Montrose Court	2A	4C
Morland Close	6C	4C
Neale Close	1D	4C
Neville Drive	4D	4C
Norric Lea	3E	4C
North End Road (129)	6C	4C
North Square	3B	4C
Northway	3C	4C
Northway Court	3C	4C
Oakwood Road	3C	4C
Old Wylde	6D	4C
One Kingsley Way	3D	4C
Orchard, The	3B	4C
Ossulton Place	1D	4C
Ossulton Way	2D	4C
Pantiles, The	3A	4C
Queens Court	3A	4C
Raeburn Close	4D	4C
Reynolds Close	5C	4C
Romney Close	6D	4C
Rotherwick Road	5B	4C
Rowan Walk	4D	4C
Ruskin Close	4C	4C
South Square	4C	4C
Southway	3C	4C
Southwood Court	3C	4C
Spaniards Close	6E	4C
Spencer Drive	4D	4C
Sutcliffe Close	3C	4C
Temple Fortune Court	3A	4C
Temple Fortune Hill	3B	4C
Temple Fortune House	3A	4C
Temple Fortune Lane (evens)	4B	4C
Thornton Way	3C	4C
Totnes Walk	2E	4C
Trust flats	2A	4C
Turner Close	4C	4C
Turner Drive	4C	4C
Turners Wood	6D	4C
Vivian Way	3E	4C
Warwick Court	1D	4C
Waterlow Court	5C	4C
Wellgarth Road	6C	4C
Westholm	2C	4C
Widcombe Court	2E	4C
Wild Hatch	5B	4C
Wildwood Rise	6D	4C
Wildwood Road	5D	4C
Willifield House	3B	4C
Willifield Way (2-66 inc)	4B	4C
Willifield Way (68-188 inc)	3B	4C
Willow Close	6C	4C
Winnington Close	4E	4C
Winnington Road	4E	4C
Woodside	3B	4C
Wordsworth Walk	2B	4C
Wylde	6D	4C
Wylde Close	6D	4C

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E cldr.r.grover@barnet.gov.uk
- Michael Mire (Conservative)
T 07716 092344
E cldr.m.mire@barnet.gov.uk

Following reorganisation of the electoral wards, your property may fall within East Finchley (Neale Close), Golders Green (Finchley Road, Crispin Mews and Childs Way) or Childs Hill electoral wards (Corringham/Middleton and Rotherwick Roads). Check your Councillors' details at: <https://barnet.moderngov.co.uk/mgfindmember.aspx>

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BARNET MEETINGS FOR LOCAL RESIDENTS TO TAKE ISSUES TO

F&GG RESIDENTS FORUM
For HGS residents to submit issues online and to attend meetings.

F&GG AREA COMMITTEE
For HGS residents to oppose planning applications, removal of trees and other local issues. Details on LBB's website in their Democracy section.

W <https://barnet.moderngov.co.uk/uucoverpage.aspx>

POLICE INFORMATION

LOCAL POLICE STATION AT COLINDALE

Open 24 hours a day.

📍 Grahame Park Way NW9 5TW (next to RAF Museum)

T 7230 1212 (999 for emergencies only otherwise 101)

W www.met.police.uk to report a crime.

GARDEN SUBURB SAFER NEIGHBOURHOOD POLICE TEAM

📍 61 Golders Green Road NW11 8EL (office not manned)

T 7161 8185

E gardensuburb.snt@met.police.uk

EAST FINCHLEY SAFER NEIGHBOURHOOD POLICE TEAM

📍 113 High Road N2 8AG (office not manned)

T 7161 9014

E eastfinchley.snt@met.police.uk

HAMPSTEAD HEATH CONSTABULARY

For Heath issues only

T 8340 5260

E HH-constabulary@cityoflondon.gov.uk

POLICE & COMMUNITY ACTION PANEL FOR GARDEN SUBURB

• Richard Davis (Chair)

E richard.davis@btinternet.com

HAMPSTEAD GARDEN SUBURB TRUST

Established in 1968 'to do all things possible to maintain and preserve the present character and amenities of Hampstead Garden Suburb'.

The Trust operates a Scheme of Management which ensures that the architectural standards of the Suburb's founders are maintained. It publishes policies for the protection of the character of the Suburb and householders must obtain the Trust's approval before making changes to the external appearance of their property.

📍 862 Finchley Road NW11 6AB

• Simon Henderson (Trust CEO)

T 8455 1066

E mail@hgstrust.org

W hgstrust.org

LOCAL HISTORY AND EDUCATION

Two organisations collect, record and preserve historical material relating to Hampstead Garden Suburb: HGS Virtual Museum and Suburb Archives.

HGS ARCHIVES TRUST (SUBURB ARCHIVES)

Collects and preserves documents, photos and other materials relating to the history, architecture and development of the Hampstead Garden

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Suburb, its founders and others connected with it, and the history of the garden city movement and town planning. It answers queries from residents, researchers and authors and provides talks, exhibitions and articles in Suburb News. Much of its collection, particularly plans of houses, is housed at the London Metropolitan Archives.

The collection housed at its local hub at the offices of the HGS Trust can be consulted by arrangement. If you have a query or wish to donate any item for long-term preservation in the collection, please contact:

- Chris Rafferty
- T** 8455 2877
- E** suburbarchives@gmail.com
- W** suburbarchives.org

The London Metropolitan Archives are situated at 40 Northampton Road, London EC1R 0HB.

- T** 7332 3820
- W** cityoflondon.gov.uk/things-to-do/history-and-heritage/london-metropolitan-archives

HGS VIRTUAL MUSEUM

Run by HGS Heritage, a charity dedicated to preserving the past of Hampstead Garden Suburb, the online Virtual Museum makes artefacts such as photographs, letters and other memorabilia from the history of the Suburb available to everyone, without families losing ownership.

Please make contact if you would like to be involved with the museum or have anything you think should be included in the collections.

- E** info@hgsheritage.org.uk
- W** hgsheritage.org.uk

GARDEN SUBURB COMMUNITY LIBRARY

Open daily 10-5, Tuesday to Saturday. Volunteer run library. Children's activities on Tuesdays and Thursdays; monthly book club; occasional author talks and one-off children's events. Regular community police drop-in surgeries.

- 15 Market Place NW11 6LB (located in Hill Rise)
- T** 8458 3301

- E** mail@gardensuburblibrary.org.uk
- W** gardensuburblibrary.org.uk

HISTORICAL ASSOCIATION

Hampstead & NW London Branch. Lectures 8pm on the third Thursday of the month (September-April) in Fellowship House or on zoom.

- Dudley Miles (interim contact)
- T** 8109 2761
- E** dudleyramiles@googlemail.com

OTHER LOCAL CHARITIES

ALL DOGS MATTER

Dog rescue and rehoming charity. Dogs needing homes available to foster and adopt.

- T** 8341 3196
- W** alldogsmatter.co.uk

HGS FRIENDS OF COMBAT STRESS (VETERANS' MENTAL HEALTH CHARITY)

If you would like to donate or help please contact:

- Ruth Smith
- T** 8458 8191

FOOD BANK AID (NORTH LONDON)

Drop off points for food at various locations in the Suburb. You can also send a supermarket or online delivery to their sorting hub or make a financial donation. Please email for instructions.

- E** foodbankaid@gmail.com

HOMELESS ACTION IN BARNET

Charity working with people who are homeless in Barnet.

- 36b Woodhouse Road N12 0RG
- T** 8446 8400
- W** habcentre.org

JEWISH CARE

Offering care and support services to the Jewish community.

- T** 8922 2222
- W** jewishcare.org

RESOURCES FOR AUTISM

Supports individuals with autism and their families.

- 858 Finchley Road NW11 6AB
- T** 8458 3259
- W** resourcesforautism.org.uk

OTHER LOCAL CLUBS AND SOCIETIES

ALYTH CHORAL SOCIETY

Tackles music old and new from Bernstein to Haydn and Brahms and specially commissioned works.

- Alison Smart Fisher
- E** alythchoralsociety@gmail.com

ARTS SOCIETY HAMPSTEAD HEATH

Regular lectures, visits and tours.

- Kenwood House, Hampstead Lane, NW3 7JR
- E** info@tashh.org.uk
- W** tashh.org.uk

BADMINTON CLUB

- Free Church Hall, Northway
- Barry Millington
- T** 8458 6837
- E** bmillington@btinternet.com

BISHOPSWOOD BOWLING CLUB

- Lyttelton Playing Fields
- Michael Spiro
- T** 8058 2212
- W** www.bishopswoodbc.co.uk

BRIDGE CLUB

Duplicate bridge at Fellowship House on Wednesdays at 19:00. Contact the membership secretary:

- E** sandra@arsy.co.uk
- W** www.bridgewebs.com/thesuburb/

CENTRAL SQUARE TENNIS COURTS

Available at no charge for Suburb residents use. Book online:

- W** hgstrust.org (go to Trust Property)

FRIENDS OF BIGWOOD

A volunteer and membership group working with Barnet Council to help protect and maintain Bigwood. Regular walks and talks on related subjects.

- E** friendsofbigwood1@gmail.com
- W** friendsofbigwood.com

GARDEN SUBURB THEATRE

Has been producing drama on the Suburb for over a century. It puts on at least five shows a year, including one out-of-doors in Little Wood.

- W** gardensuburbtheatre.org.uk

HEATH & HAMPSTEAD SOCIETY

Talks and guided walks on Hampstead Heath and in Hampstead.

- T** 8343 0389
- E** info@heathandhampstead.org.uk
- W** heathandhampsteadsociety.org.uk

HENRIETTA BARNETT SCHOOL CHORAL SOCIETY

From January to April.

Parents and Suburb residents all welcome.

- Maurice Chernick (HBS Head of Music)
- E** mchernick@hbschool.org.uk

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W: hampsteadgolfclub.co.uk



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www.safeclean.co.uk/harrow

HGO (HAMPSTEAD GARDEN OPERA)

North London's leading opera company is dedicated to advancing young and talented singers by staging live opera with orchestra at reasonable prices.

- David Conway (Chair, HGO Trust)
- E** hgopera1@gmail.com
- W** hgo.org.uk

HGS ART

Active group of Suburb artists. Annual art fair in spring at Fellowship House.

- E** enquiries@hgsart.co.uk
- W** hgsart.co.uk

HGS ASTRONOMICAL SOCIETY

For anybody interested in astronomy, the Society is a member of the Federation of Astronomical Societies. Monthly newsletter, talks and observing sessions.

- Andrew Glendinning
- T** 07751 305 056
- E** glandenninga@hotmail.com
- W** hgsas.co.uk

HGS HORTICULTURAL SOCIETY

Summer and autumn flower shows, open gardens, plant sales, outings and other activities, newsletter, discounts at local nurseries. New members welcome.

- David Broome (Membership Secretary)
- E** membership@hortsoc.co.uk
- W** hortsoc.co.uk

HGS TABLE TENNIS CLUB

Tuesday to Thursday evenings in Free Church Hall, Northway.

Affiliated to Table Tennis England as a Premier Club and committed to improving player experience and increasing participation. International level coaches help to improve standards of play.

- Joseph Langham-Ferreira
- T** 07817 393172
- E** josephltabletennis@gmail.com
- W** www.suburbttc.com

NORTHWAY GARDENS ORGANISATION (NGO)

Maintains the flower beds and shrub borders in Northway Gardens. New volunteers and donations welcome.

- Brian Ingram
- T** 8458 5313
- E** ingrambluebird@hotmail.com

PROMS AT ST JUDE'S

Annual music and literary festival on Central Square – classical, jazz and folk music, free lunchtime concerts, heritage walks, literary festival and comedy night.

The Proms are organised by a voluntary committee to raise money for Toynbee Hall and The North London Hospice. New volunteers always welcome.

- E** volunteering@promsatstjudes.org.uk
- W** promsatstjudes.org.uk

HALLS FOR HIRE

These are listed on the RA's website:

- W** hgsra.uk/docs/hallsforhire.pdf

FOR OUR OLDER RESIDENTS

ABBEYFIELD HOUSE

Supported sheltered housing for residents who furnish their own en-suite accommodation.

Two main meals provided daily.

- 📍 Homesfield, Erskine Hill NW11 6HL
- George Evans - Housekeeper
- T** 8455 2607 (please leave message if staff unavailable)
- E** g.evans@abbeyfield.com

FELLOWSHIP HOUSE CLUB

This club for the over 60s provides social activities on weekdays and some Saturdays. See website for details. Subscription £20 per annum. Non-members welcome.

- 📍 136a Willifield Way NW11 6YD
- Andrew Botterill (Chair)
- T** 8458 6352
- Jill Purdie (Newsletter Editor and Secretary)
- T** 8458 5042
- Margaret Lancaster (Membership Secretary)
- T** 8455 8140
- W** fellowshiphouse.co.uk

ORCHARD HOUSING SOCIETY

Sheltered accommodation for the over 60s of the Suburb and LB Barnet residents in need of sheltered housing and who can live independently. 61 self-contained flats set in beautiful gardens in Hampstead Way provide accommodation for 48 single people and 13 couples.

- Tia Cocomazzi (Tenant Support Manager)
- T** 8455 3223
- Amanda Peters (Finance and Buildings Manager)
- T** 8458 5173
- E** info@orchardhousing.uk
- W** orchardhousingsociety.co.uk

HGS U3A (UNIVERSITY OF THE THIRD AGE)

Interest group for retired and semi-retired people to come together to learn for fun.

- W** hgsu3a.uk
- Contact: <https://hgsu3a.uk/contact/>

YOUTH ORGANISATIONS AND CHILDREN'S ACTIVITIES

BARNET KNIGHTS CHESS CLUB

Chess play and coaching Monday evenings in term time 5:30 to 7:30 pm.

- 📍 Garden Suburb Junior School, Childs Way, NW11 6XU
- Rob Willmoth
- T** 07956 297329
- E** rob@barnetknights.com
- W** barnetknights.com

EENY MEENY MUSIC

Friday mornings.

Sessions for babies and toddlers up to 4 years with their parent or carer.

- 📍 HGS Free Church
- Eddie
- T** 07736 637 975
- E** info@eenymeenymusic.co.uk
- W** eenymeenymusic.co.uk

TODDLERS' STORY-TIME

Tuesday & Thursday mornings.

- 📍 Garden Suburb Community Library
- T** 8458 3301

BEAVERS, CUBS AND SCOUTS

For local groups across age ranges 4 - 25 years with details of what is available as well as opportunities to volunteer, please see the national website and enter postcode for local groups:

- W** scouts.org.uk/groups

The following local groups are known to be active:

1ST FINCHLEY

Mondays: Beavers 4.15-5.15pm;
Cubs 5.30-7pm; Scouts 7.30-9pm.

- 📍 Rear of 190 Long Lane N3 2RA

2ND GOLDERS GREEN

Mondays: Girl Guides 6.30-8:30pm.

- 📍 Fellowship House
- T** Tasha: 07905 559 158
- E** 2ndgoldersgreenguides@gmail.com

YOUTH MUSIC CENTRE

Welcomes all children aged 2-18 years and helps them achieve their highest musical potential within a creative and happy environment.

Saturday morning classes in Orchestra, Chamber music, Choir, Voice/aural classes and Theory. Children as young as two can embark on pre instrumental Junior Musicianship classes before starting instrumental classes in Violin, Viola, Cello, Double bass, Flute, Recorder or Clarinet.

- 📍 Bigwood House, Bigwood Road NW11 7BD
- T** 07717 533 395
- E** henry@youthmusiccentre.uk
- W** youthmusiccentre.uk

Comments on this Directory, including amendments, corrections and suggestions for future inclusions or requests to advertise, should be sent to directory@hgsra.uk



Orchestras, chamber ensembles, junior musicianship classes for toddlers, Children's choir, voice/aural training, theory, composition and more.

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Inez Karlsson (Prizewinner – Cello)
(Photo: Peter McCluskie)

The Suburb's Hidden Musical Gem

ROSEMARY COOK

The Suburb can be justifiably proud of its support for the Festival of Music, Speech and Drama needs and deserves more recognition. The music festival – President: Robert Max – takes place each year, mostly in the Free Church, and usually between mid-March and mid-May.

The Festival nurtures emerging musical talent by providing performance opportunities at all levels and to all ages. Classes are grouped by either age or standard. In 2023 there were over 700 entries

to piano, string, singing, harp, chamber music, recorder, woodwind, and brass classes.

Everyone receives a certificate and feedback from an eminent adjudicator. Class winners receive medals and may receive cash prizes or vouchers from one of the Festival's sponsors. Audiences are welcome, particularly to the elite competitions for conservatoire-level students.

If you missed the Festival in 2023, you can find out more from northlondonfestival.org.uk or enquiriesnlf@outlook.com – even better, it's easy to sign up to receive the newsletter.

MUSIC AT FELLOWSHIP HOUSE: Messiaen's 'Quartet For The End Of Time'

ANDREW BOTTERILL

On 15 January 1941 Olivier Messiaen put on the first public performance of his 'Quartet For The End Of Time'. No ordinary World Premiere this. Deep in Germany on the Polish border, Görlitz at that time was known for Stalag VIII-A, the vast POW camp for Poles and other allied troops. Messiaen had been taken prisoner at the fall of France the previous year and composed the piece for piano, violin, cello and clarinet – supposedly the only musical instruments which could be found in the camp.

The Commandant authorised the performance which took place before German officers, guards and several hundred inmates, most of whom had no previous experience of chamber music. One can only imagine the mix and strength of emotions as the quartet played. Captors and captives.

82 years later, the piece was the mainstay of a spring evening concert at Fellowship House on 30 April, played to perfection by the talented young professionals of the Echo Ensemble. An emotional evening, the music haunting and beautiful, the harsh brickwork backdrop in the hall seemingly lending a further level of evocative power.

Messiaen happily survived. He was released in May 1941 and returned to Paris becoming Professor of Harmony at the Paris Conservatoire until his retirement in 1978. He died in 1992.



Photo: Andrew Botterill



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*Trust permitting



Photo: Richard Wiseman



Photo: Diana Iwi



Photo: Marion Davies

Photography Competition 2023

THE JUDGES: MYKE JACOBS, DIANA IWI & MARION DAVIES

This year's theme is *A Favourite Portrait*, and we are looking for eye-catching portraits of one or more people. There are no restrictions on where the photo has been taken; more important is that the portrait has impact and brings out something of interest about the subject and possibly the context of the photo. This is a chance to show your creative skills and to win one of the prizes mentioned below! The winning entries will be published in the winter issue of Suburb News.

Richard Wiseman, who died just over a year ago, was much loved, an amateur photographer and a past chair of the Hampstead Garden Suburb Trust. An additional prize of £75 has been donated this year by his wife Lucy in his memory. This prize will be awarded for the best self-portrait in the opinion of the judges.

Some ideas and hints

Before you start, you may wish to think a bit about the type of portrait that suits your subject or subjects. Do you want them to be still or engaged in an activity? Should the background be neutral or hold some clues as to the subject's environment and interests? Are you looking for an expression that reflects their character? And then there is technique, for example using a wide aperture or portrait mode (available on all cameras and most mobile phones) to blur the background and isolate the subject for greater impact. And you'll want to think about lighting, if possible, avoiding harsh shadows in strong light or controlling the light settings for special effects – even mobile phones can give you scope for this. Finally, should your photo be in colour or black & white? Monochrome portraits can have huge impact by using light and shadow to focus attention on the subject.

The three examples here illustrate these points. The self-portrait by Richard Wiseman holding his baby grandchild shows the baby's face with remarkable clarity. The background was chosen by Richard to allude to his interest in the built environment, and is subtly out of focus. The camera, held to one side, is an important prop, as it hints at a self-portrait and his interest in photography.

The portrait of Iranzu is an excellent example of how important it is to make sure the eyes are in focus and the hint of a smile encourages one to imagine this is someone with a warm friendly personality. There is good depth of field as the face and hair are sharp with the back of Iranzu's hair and jumper alongside the lamp becoming increasingly out of focus.

The black and white portrait shows Renée and Margrit, who are obviously closely related and sharing a special moment with the photographer. Note that both faces are clearly in focus and the blurring of the background, which makes their features stand out. In this case, the subjects are wearing no make-up and their clothes are simple, so the image is uncluttered, warm and natural.

We look forward to seeing your photos – and don't forget to encourage your family and friends to enter too!



PRIZES

will be in the form of Amazon vouchers to the value of: First £75, Second £50 and Third £25 and the Richard Wiseman Prize for the best Self-Portrait £75.

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Competition Rules



1. Photos submitted must be consistent with the subject *A Favourite Portrait*, which must be a photograph of one or more human beings.
2. Your photo(s) can be submitted from 1 June until 30 September 2023 to: hgsra.uk/photocompetition.
3. No more than two photos per resident.
4. Your photograph(s) must be in jpg format and between 2-10 megabytes but the judges may, in exceptional circumstances, allow entries which do not meet these requirements.
5. All photographs must have been taken on or after 1 June 2023.
6. If you submit a photograph taken on private property you must have obtained the permission of the property owner.
7. All photographs submitted must, before being submitted, have the written consent in approved form of the subject(s) or, where applicable, a parent or guardian of a child under the age of 18 or other vulnerable people. Such consent must, on request, be submitted to the judges, failing which they will not qualify for selection.
8. The decisions of the judges on all aspects of the competition are final.
9. When submitting your photograph please confirm that you have read the rules of the competition and please provide the details requested, including: confirming that you took the photograph, your name, address, email address, phone number and age, if you are under 18 years on 1 June 2023.
10. Please also submit a short note (not less than 25 and not more than 250 words) about how your photograph relates to the theme.
11. If you are submitting a cropped or edited image, please also submit a copy of the original, unedited image at the same time.
12. If you are under 18 years old on the date of submission, your photograph must be submitted by your parent or guardian, who must also provide their own contact details.
13. Submission of your photo will constitute confirmation that you are willing for your photograph to be reproduced (with acknowledgement to you) by Suburb News and by the HGS Residents Association, in print, on websites and any public exhibition of competition photos.
14. Photos will not be disqualified from the competition merely because they are cropped or the subject of a limited amount of editing, which, in the view of the judges, does not substantially alter the original image.
15. The best four photographs chosen by the judges will be published in the December 2023 edition of Suburb News.
16. Photographs submitted by under-18s may be judged separately and the winning photograph(s) may be published in Suburb News.
17. All submitted entries may be viewable on the HGSRA website after judging.
18. Some photographs may be offered for inclusion in the HGS Virtual Museum and, if accepted, will be posted by Heritage with permission of the photographer.



Photo: Sophia Clunies-Ross

The London International Concert Orchestra's summer concert on 11 June features Butterworth: A Shropshire Lad – Walton: Viola Concerto (Soloist: Malcolm Allison) – Sibelius: Symphony No. 1 in E Minor.

It will be its ninth in the Free Church since emerging in Autumn 2021 from the Covid lock-downs and reforming from its predecessor, the London International Orchestra, which was very successfully developed and managed by the late Sarah Aaronson OBE. Sarah worked tirelessly for many years building an unrivalled reputation for the LIO, giving opportunities to soloists and orchestral players as well as raising significant sums for many

charitable causes. The players were and are dedicated musicians of all ages, nationalities, denominations and occupations, as well as professional and ex-professional musicians. The LICO carries on this excellent tradition, a lasting tribute to Sarah's extraordinary efforts, tackling varied, familiar and less familiar repertoire under the expert direction of conductor, Alexander Walker.

Please check our website: li-co.org for more information.

If any musical residents, especially string players, would like to join the LICO for Wednesday evening rehearsals and concerts, please email: info@li-co.org.

BOOK REVIEWS BY ELEANOR LEVY

LONDON: THE GREAT TRANSFORMATION 1860-1920

by PHILIP DAVIES

Philip Davies was director of the London region of Historic England from 1997-2005 and Planning and Development director from 2005 to 2011. He also set up English Heritage's Buildings at Risk programme in London. The readers of his numerous books are, therefore, in superbly capable and professional hands.

The first photos of London were produced around 1839 and complemented the earlier artistic images of William Hogarth, and the contemporaneous engravings by Gustave Dore. They also coincided with Dickens' London-focused written works.

It is impossible for a reviewer to do justice to the range of this book as it covers all of London with 800 images, concluding with an astonishing photograph of The Great Wheel at Earl's Court (1900) towering over local working class terraced houses.

We are inevitably confronted with haunting images of metropolitan poverty. The Gunmakers' Arms was a pub renamed The Mother's Arms by Sylvia Pankhurst who transformed it into a clinic and a creche, the corresponding image shows an emaciated child,

reminiscent of today's third world famine victims, being cared for. A few pages later, the bluntly named Cripples' Parlour, in Mile End shows disabled children and their parents in a group portrait in Victoria Park.

Signs of the capital's growth abound, construction of the Holborn viaduct occupies a double spread, (including advertisement hoarding for the new St Pancras station) and there are photos of the inevitable chaos engendered by the build. An extraordinary 1897 shot of congestion in Piccadilly is in stark contrast to an eerily traffic-free photo of the Wellington Arch in 1900. Throughout the book there are sober reminders of the times: "At Charing Cross, here, beneath the bridge Sleep in a row the outcasts, Packed in a line their heads against the wall Their feet in a broken ridge."

D.H. Lawrence verse captions the photograph of some of the thousands of people, who in 1902, had no alternative but to sleep under the arches of London's bridges.

Our own suburban corner is represented by three pubs. The Bull and Bush, Jack Straw's Castle and The Spaniards Inn, photographed in 1895. Next time you are held up by congestion at The Spaniards Inn consider that this photo, taken almost 150 years ago, shows absolutely no traffic whatsoever!

SAYING IT WITH FLOWERS

by PETER PHILLIPS

In Peter Phillip's expert hands, flowers and plants are not the traditional, passive/visual conveyers of messages they become proactive anthropomorphic messengers themselves.

It is the flowers that do the saying, whilst we the readers are the listeners.

Snowdrops is a poem, summing up the traumatic effects suffered by 'inconsequential' innocent bystanders, witnessing brutality throughout the ages, "they hadn't come for us but it was a bloodbath, we were part of it." These plants are the traditional heralds of spring, delicate and unsullied, so Phillips' contrast with the imagined sight and sound of hooves ripping the earth, is all the more powerful.

In the poem Ukraine Sunflower, the flowers are described as large, brash, vibrant, golden 'within debris-scorched fields'; and the wonder 'Can we still be called Sunflowers?'

Who can help but smile, as the poet's Hollyhocks, are compared to skinny schoolgirls, boasting: "about the raunchy sex / they had with the bad boys / from next door's garden – / except of course, they didn't."

The final section is typically entitled: 'Climate Watch' / 'To The Doubters' / 'Take a ball of ice... / hold it between / your forefinger and thumb... / Yes, it is dripping. / It's meant to. / That's the world melting.'

Saying it with Flowers is a worthwhile anthology of accessible verse. The poet expresses considerable sensitivity, yet manages to reflect the everyday experiences of the ordinary in a creative and imaginative way.

I hope that this review encourages readers to purchase copies for themselves and for others.



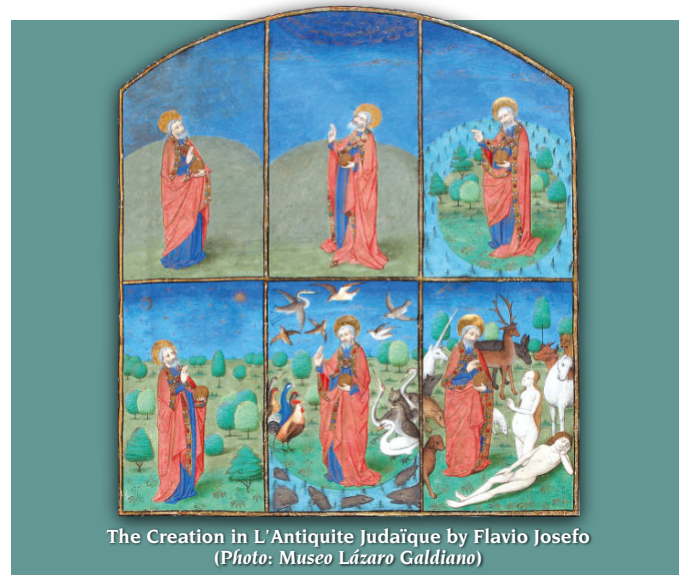
Macbeth comes to Little Wood

Garden Suburb Theatre brings Shakespeare's Macbeth to its spiritual home – not Birnam Wood in Perthshire but the open air theatre in Little Wood – where the play will be staged from 23 June to 1 July this summer. This production is a shorter abridged version of Macbeth where the action whips along at a fast and exciting pace. We are offering the audience a fresh perspective on the role that gender plays in guilt and accountability with a new and completely original take on the central roles. Who is the real villain in this piece? You decide.



Performances: 7.30pm 23 June; 3pm & 7.30pm 24 June; 3pm 25 June; 7.30pm 29 June; 7.30pm 30 June; 3pm & 7.30pm 1 July. Little Wood Open Air Theatre, Addison Way, NW11 6QS. Tickets can be booked via ticketsource.co.uk/gardensuburbtheatre.

Colin Gregory



The Creation in L'Antiquite Judaïque by Flavio Josefo (Photo: Museo Lázaro Galdiano)

Alyth Choral Society performs The Creation

DIANE LANGLEBEN

The Alyth Choral Society – in conjunction with the King's Symphonia, led by Jeremy Sampson – will be performing Haydn's masterpiece The Creation at 7.30pm on Sunday 2 July at Alyth Synagogue, Alyth Gardens, London NW11 7EN.

This oratorio, celebrating the creation of the world as described in the Book of Genesis, is

conducted by Alison Smart Fisher with continuo Tim Hooper, soprano Alexandra Kidgell, tenor Nathan Vale and bass Pauls Putnins.

Tickets cost £20, £10 for under 25s and those under 16 can come along for free. Tickets can be purchased at alythchoralsociety.wordpress.com or from Ticket Source at tinyurl.com/3nuaf2ps.

If you would like further details about the evening please email: alythchoralsociety@gmail.com.



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SCHOOLS OUT FOR SUMMER

With the summer holidays approaching, here's some ideas to get you away from your screens and out of the house



Hidden exhibitions in London

With the Summer holidays rapidly approaching, it's time for you to find and book activities to do with your family and friends. To help you with decision-making, we have compiled a succinct list of exhibitions that are free/affordable. That way, you can really dive into a stress-free experience this Summer, full of enjoyment!

1. Packed full of visuals, breath-taking artwork and captivating patterns, Outernet is home to 'Spaces In-Between', an exhibition which highlights the fusion of technology and nature. In this immersive experience, the public is able to sync their body movements with the fracturing light work, as it envelops their movements and turns them into geometric shapes on what is the largest digital canvas in the world. This exhibition is FREE to attend! Outernet believes that everyone should be able to indulge in this incredible experience, and that everyone should be able to appreciate the relaxing qualities of art.
2. Optical illusions? Colours? Twisting murals? Say no more, for the Twist Museum, set in the heart of London, is ready to boggle your mind. It's an interactive museum that explores and puts your mind to the test. Specially curated by artists, neuroscientists and philosophers, it's bound to encapsulate you in its unique exhibitions. With incredible kaleidoscopic effects and sensory elements, you will be able to find out how your brain interprets the things you see and hear, thus making it a fun AND educational experience at the same time!
3. Frameless is an immersive art gallery experience in London, where you can lose yourself in a puzzle of colours, shapes and lights to discover some of the world's greatest pieces of art in ways never seen before. It features works of extremely famous artists, including Van Gogh, Monet, Rembrandt and many more! Step into the worlds these innovative artists spent their whole lives creating for us to see by going to Frameless this summer and be engulfed in this multi-sensory experience.
4. If the history, architecture and culture of Ancient Rome is something that interests you, then the London Mithraeum is the perfect place for you to go. Mithraism, also known as the Cult of Mithras, was a Roman mystery religion about Mithra, Roman god of oaths and justice. In 1954, the head of a Mithra statue was discovered beneath the rubble of post-war London, and artefacts like this found in the temple site are showcased in the London Mithraeum. This museum is free to enter.

Hopefully, this list of free and affordable exhibitions, galleries and museums are up your alley, and maybe in a few years, these underrated museums will be bustling with visitors who all want a taste of the wonderful art, architecture and works of such innovative people. Enjoy!

Soumiya Indrakumar &
Vishali Thushyanthan (HBS)

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Picnics, walks and cycle routes in London

It's easy to get caught up in a world of blinding lights and flashy shopping centres but sometimes all we really need is the comfort of nature. Although it sounds a little clichéd, nature grounds us and connects us to our true selves. So, we have compiled a list of tranquil, nature related places and activities in the heart of the bustling city we know and love, in the hope of people appreciating the simple beauty of our natural world.

Kew Gardens with its beautiful conservatories and woodland walks, is the perfect location for a nice day out. The long walks and great picnic spots are wonderful for long meaningful conversations with the people most important in our lives. It also tests our map reading skills! Next we have Greenwich Park. A quick trip to the Royal Observatory can be followed by a fun picnic with a fantastic view of the Thames. Another excellent places for a picnic nearer to home is Primrose Hill, located north of Regent's Park. The beautiful sunsets are truly a sight to behold.

Cycling around London has also got a lot simpler with the new Santander cycles, from as little as £1.65 for 30 minutes along with memberships and discounts, hiring bikes in London has never been easier. There are also various picturesque routes for cyclists of all abilities to enjoy, the most popular route being the Hyde Park loop, starting near The Serpentine Gallery, with various attractions such as the Natural History Museum, the Science Museum and Kensington Palace where you can stop and enjoy the attractions at a low cost. This is a leisurely cycle through one of London's biggest green spaces.

Another popular cycle route is from the Tower of London to Big Ben, a route filled with London's most popular attractions. At only 5km long, this is a leisurely and enjoyable ride for all cycling levels.

And if you're looking for a more calm and nature filled ride, this route connects one of London's most beloved parks, Alexandra Palace to Finsbury Park. It's a 6 km cycle during which you can spot some of London's most popular landmarks, this ride is scenic as well as not too busy.

For more information about cycling visit the website: tinyurl.com/37mtjwfj.

London really does have something for everyone and we hope these walking and cycling routes will be just right for you to get some exercise, relax with a picnic and enjoy lots of other low-cost activities in London.

Riya Shah & Saanvi Akula (HBS)

Our top four food places to try in London

1) **Rosa's Thai:** Here, customers can find a wide selection of Thai foods with mostly affordable prices and the shop has a pleasant atmosphere with comfortable seating and good lighting. There is great service and it is also suitable for vegetarians. It is located in Soho and is easily accessible by train or bus. Personally, we would recommend the chicken satay and green curry as they are both very aromatic and have just the right amount of spice.

2) **Violas:** This Cafe is located in the centre of Covent Garden. It is only ten minutes away from Leicester Square so is easily accessible by public transport. It is the perfect place to go for a day out with friends or family. They serve many picturesque drinks and deserts as well as many other options to choose from.

3) **Indulge:** This is a dessert shop located in the heart of Pinner. There are many flavours to choose from and a variety of waffles, ice creams and many more. It has a well decorated interior and a warm ambience. In our opinion, it is a great place to go with friends to relax after a tiring week. We would recommend the cookies and cream waffles but you can also customise to your own taste.

4) **Kova Patisserie:** Located in the centre of Chinatown, this bakery is famous for its mille crepe cake which, despite costing around £7.00, is said to taste phenomenal. As well as this, customers can also buy items such as bubble tea, souffles and tarts which have a much lower cost. This shop is part of a chain of bakeries, which are in other locations like South Kensington and Battersea. The bakery is open from 11am-10:30pm most days, so is a good place to stop by next time you are in London.

Armitha Panchalingam & Praneeta Karjodka (HBS)



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SUBURB EVENTS

Anyone for... Salsa

JUDY MARCUS

Recent scientific studies tell us dancing helps us with both mental and physical health. An eight-year-long study published in 2018 (Scandinavian Journal of Medicine and Science in Sports) shows dance to be the most effective exercise in warding off physical decline compared with other forms of workouts in a group of adults aged between 50-80.

So, when I discovered Sweetlead's Salsa for Beginners, a four-lesson course held midweek evenings at Christ College School in Finchley, I decided to go along.

I arrived for the first session hoping to turbo-charge my exercise routine, while having fun. On entering the venue, I was a little disoriented – there were two classes held at the same time: beginners and advanced. But I soon found 'my people'. Everyone sat politely under the fluorescent lights on school chairs lined up along three sides of the room. The vibe was a mix of GP waiting rooms mixed with my memories of turning up nervously at school discos in the early 1980's.

But once the lesson began it became a lot more jolly. Our trainer was cheerful, competent,



and, most importantly, not intimidating. We performed one dance movement at a time and repeated it as we went around the room with each different partner. Finally, we practised the movements together as a sequence. There was a little bit of time between each rotation so we didn't feel rushed or panicked without forgetting what we had just been shown. In those breaks we had the opportunity to chat a little amongst ourselves, mostly about our reasons for coming along. Some said they had come out of curiosity, one man was about to attend his best friend's Salsa-themed wedding and felt he needed to prepare a bit. Others wanted to master a new skill.

The first lesson was straightforward and passed quickly. But the following week I found tough going. There was a lot more to remember and it was tiring. What I found hard was keeping my composure. Towards the end of the lesson class I started to tire and lose my poise, wobbling on the turns. I was having trouble with not taking the lead and started dragging my partners round in my own unique pattern.

Realising this wasn't ideal I gracefully bowed out and went to the room next door to have a look. This was the Advanced Group dance class. Frankly it looked terrifying. The music seemed to be on double time: all the dancers there were very 'nippy'.

Knowing I would be back in the safe beginners' group, I was keen to go back again the next week, refreshed. The group bonded well and it was nice to see us developing all together. Due to other obligations, I was unable to attend the final week.

The verdict: I did notice after a couple of lessons that my core muscles had been used. Also, my balance improved. Being able to balance and turn within a single beat was surely a cognitive benefit too.

If you are looking for a healthy and fun hobby I would definitely recommend Salsa – but perhaps try the beginners' class first!

For further details or to join Sweetlead's Salsa for Beginners: info@northlondonsalsaclub.com.

HGSU3A this summer

Topical Talks is a free series that takes place on the third Thursday of every month at the Free Church, North Square, NW11 7AG. Doors open at 2.30pm to allow for a cup of tea or coffee and all comers are welcome.

In March the speaker was Richard Cohen, talking about his uncle Jack Cohen, the founder of Tesco and on 18 May we welcomed Dr Brian Posner, a GP for 40 years, who was both entertaining and informative.

On 15 June Gloria Silver will be talking about her Polish born father Tony Chuwen, whose amazing story of survival during the Holocaust reflects his courage and tenacity.

20 July sees Edward Ben-Nathan share his thoughts on the Glorious Revolution of 1688 that permanently established Parliament as the ruling power of England.

If these subjects interest you please come along and join the audience.

HGSU3A, with a membership approaching 600 and with over 60 different groups and activities for people who are retired or semi-retired, is once more holding an OPEN DAY on Thursday 13 July at the Free Church from 10am to 12 noon. This is an opportunity for non-members to see what HGSU3A does and to consider joining us. Activities range from arts and crafts to physical exercises, politics to play reading, music to mindfulness, from Spanish to Shakespeare and much more. It is also a chance for existing members to talk to group leaders and explore what additional groups they might wish to explore.

Full details are available at hgsu3a.uk.

Judy John

Disco Fever

JOANNE GOULD
& SANAZ SAIFOLAH

The Infant and Junior PTA at the Garden Suburb Schools organised three discos to raise much needed funds amid the current school funding crisis.

The school halls were converted into vibrant discos during the last week of the Spring Term. Children enjoyed attending the discos in their best party clothes, accessorised with flashing glasses and neon glowsticks for extra sparkle.

Recent disruption due to the pandemic meant that for many children this was their first ever disco and there was a palpable atmosphere of excitement throughout the schools as the children looked forward to dancing with their friends and enjoying the music.

Parents, carers and staff helped make the discos a success by donating time and resources to dress the school halls, prepare and serve refreshments and provide photography.

The schools raised a massive combined total of £2,637.70!

Headteacher of the Junior School, Mrs Eileen Bhavsar said: "These fund-raising events are a result of the hard work and dedicated commitment of our school community."

Headteacher of the Infant School, Miss Sarah Sands said: "The children loved the lights and energy of the disco, as well as the opportunity to join in with the quiet room activities."



Daniel, Mia, Alex (Year 4) perform to within the limits of their equipment (Photo: Rayan Basma – The Sweetshot Photography)

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Coronation Street Parties in the Suburb

► Constable Close

A great time was had by all in Constable Close where over 40 residents and friends enjoyed a street party organised by Ruth Jacobs, Ruth Smilg and Sandy Sher. Coronation flags decorated the hedges and hoardings, coronation bunting was strung along from tree to tree, Union Jack cloths adorned the tables and the participants wore cardboard crowns embedded with colourful jewels. All the residents contributed food and drink, which was overflowing. Tables and chairs magically appeared for everyone to sit comfortably and music was provided by Ruth Jacobs from her remarkable collection of 60s CDs. The ages of the partygoers ranged from teens up to our oldest resident Hannah Eilon who is a gleeful 99.



Photo: Jane Bailey

▼ Meadway Court

The sun shone for the lucky residents of Meadway Court when they held their communal party to celebrate the King's Coronation in their lovely grounds. The residents dressed in red, white and blue clothes and one resident even painted her nails to match!



Photo: Margaret Harris



Photo: Peter McCluskie

◀ Golders Hill Park

A truly wonderful day of festivities was held at Golders Hill Park on the Bank Holiday Monday to celebrate the King's Coronation in partnership with the Heath & Hampstead Society and the Hampstead Garden Suburb Residents Association. Attractions included live music at the Bandstand, speeches, a carousel ride, activities and refreshment stalls plus a light show as the grand finale.



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THE GARDEN GIRL

CAROLINE BROOME

Now here's the thing; I decided on the topic of Shrubs for this column way back in January. Little did I know how relevant that would be. Let me ask, how many of you have lost your hebes this winter? Pretty much all of you, I'm guessing. After years of sailing through our winters without a scratch, this evergreen stalwart turned up its toes in spectacular fashion. Large gaps appeared in borders where not much else would thrive, alternatives not forthcoming. Which got me thinking, if this reliable shrub could die, then we really need to rethink our ideas of what's suitable for these increasingly extreme weather conditions.

Whilst colourful perennials shape my garden from April to November, come the winter months and the garden can look bare and soulless. By February I'm gazing out at the garden wishing I had something to look at! It's time to invest in some fool proof evergreens to redress the seasonal balance. But choose wisely! remember: adapt or die!

In my garden pittosporums win first prize for adaptability. They are evergreen, totally hardy and drought resistant. Admittedly, their flowers may look insignificant, but they provide vital pollen and nectar for bees and many are highly scented. They tolerate most soils, are low maintenance and easy to prune. Have I

convinced you yet? Take a look if you don't believe me: tinyurl.com/mrxvdwyf. My favourite is Tom Thumb, small to medium round habit, spring green foliage gradually turning to deep burgundy.

Evergreen euonymus is another favourite. Now don't turn your nose up at this staple of the municipal border! If planted against a wall or fence in a dark corner they will happily sprawl up and out, providing year-round interest and vibrance to an otherwise dead space. There are pillar varieties, adding formality and symmetry to an herbaceous border. Bone hardy and easy to prune at any time of year, you can even topiarise them.

And here's another shrub bound to get you sneering; mahonia! I'm with you on this one, with one exception: Mahonia Soft Caress. With none of the stiff stems and spiny leaves of traditional mahonias such as Charity, Soft Caress has fern like foliage upon arching stems. Whichever your favour, they will provide year-round interest in dry shade or semi-shade and will fill the air with lily-of-the-valley like fragrance from their characteristic yellow flowering sprays in November and December.

Nandina or Heavenly Bamboo is another winner: Nandina Domestica is a slow growing evergreen to about 6ft tall with coppery foliage in spring, small white flowers turning to red berries in autumn. There are several dwarf varieties such as Gulf Stream, Lemon and Lime and variegated Twilight, ideal for the front of the border or containers, no pruning required.

For those of you with acid to neutral soils, rhododendrons and camelias will continue to fare well in contrasting conditions, provided you are prepared to water your specimens copiously in August. Failure to keep them moist at this time will result in no flowers the following summer. With hose pipe bans and low reservoirs becoming increasingly common, they may not be the most suitable choices if your garden is sitting on heavy clay, which dries and cracks in summer.

As climate change continues to make its presence felt, it's no surprise that conifers are making a comeback. Amongst the anarchy of my overstuffed perennial border, I have found room for a pair of columnar Cypressus Pyramidalis. Slow growing and low maintenance, they have provided a touch of sophistication to the displays.

I think evergreen shrubs have somehow gained the reputation for being clumsy, overbearing members of the mixed border, perhaps because we don't allow them enough room to reach their full potential. A few carefully selected specimens can transform your plot into a year round garden as well as providing pollen and nectar for insects during the bleak winter months. Still worried your garden is too small for some evergreens? There's a neat trick that I use which allows both shrub

and herbaceous plants to flourish: skirt pruning. This involves cutting away the lower branches of your shrub in order to raise the canopy

enough to allow light into the ground cover underneath. Plant now to allow new shrubs to establish before their first winter.



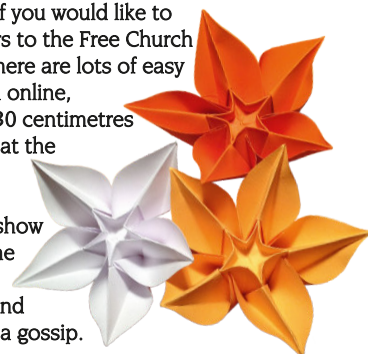
The joy of colourful shrubs (Photo: Caroline Broome)

Prizes at Hort. Society June Flower Show

MARJORIE HARRIS

This being Coronation year, the Horticultural Society's June Flower Show has a right royal theme for the Photography and Junior classes, which could also be reflected in a brand new paper flower competition open to everyone. On 10 June, 3-5pm, visitors to the flower show at the Free Church Hall in Northway will find 'A Right Royal Celebration' in one of the photography classes open to all ages, and 'A Vase of Red, White and Blue Flowers' to be displayed by under-16s. Did you take lots of photographs on Coronation Day? Perhaps the prize-winning entry is among them. The Horticultural Society is hoping that lots of people will enter their pictures, and that Juniors will find lots of red, white and blue flowers to show to help make a spectacular impression in this Coronation year. There are prizes! For details, join the Society if you haven't already (HGSHS.membership@virginmedia.com), and you will receive the 2023 Handbook with all the information you need. There is no charge for under-18s.

In another first, a Paper Flower Competition open to all ages will be held in the hall during the show. If you would like to enter, please bring your paper flowers to the Free Church Hall by 11am on Saturday 10 June. There are lots of easy instructions as to how to make them online, but your flowers should not exceed 30 centimetres in any dimension. As well as looking at the competitive displays of flowers, vegetables, cookery, preserving and photography, regular visitors to the show know that, on this day in Summer, the small hall at the Free Church Hall is the very best place to meet friends and family for tea, home-made cake and a gossip.



Above: Nandina Domestica
Below: Mahonia Soft Caress
(Photos: Caroline Broome)



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Fighting for women’s right to preach

COLIN GREGORY

On 4 May the Reverend Emily Koltveit was licensed by the Bishop of Edmonton as Interim Priest In Charge of the Parish of Saint Jude-on-the-Hill. The first Vicar, the Reverend Basil Bouchier, did not support the ordination of women. The Suburb’s founder, Dame Henrietta Barnett, probably would have done, as her views on the role women should play in the church were widely different from Mr Bouchier’s. On the bookshelves of Suburb Archives is a volume by Dame Henrietta entitled ‘Matters that Matter’. Published in 1930, our copy is inscribed by her to Mary Fraser with the hope that “she will use her imagination to help the sadness of ignorance in the world.” The Bishop of London, Dr Arthur Winnington-Ingram, in his Preface, expressed the hope that people would read it “from end to end”, noting that whatever she wrote was worth reading “even if her readers do not agree with her opinions.”

One of the chapters is entitled ‘Women Preaching’. It contains a number of sermons she preached, including at St Jude’s and on ships. Women were not generally permitted to preach in church in those days. Henrietta was not going to be deterred by that. She records a conversation with a ‘big-wig’ about her desire to preach.

“But you are a woman,”
 “Yes; and I have a letter from the Bishop of London giving me his episcopal permission to preach.”

Dr Winnington-Ingram probably knew Henrietta too well to turn her down. When she was living at St Jude’s Whitechapel, where her husband Samuel was Vicar, she used to send him to bed on a Sunday evening and conduct a worship hour, a mixture of prayer and music. She says she told the Bishop (Bishop Walsham How), but he – as he himself put it

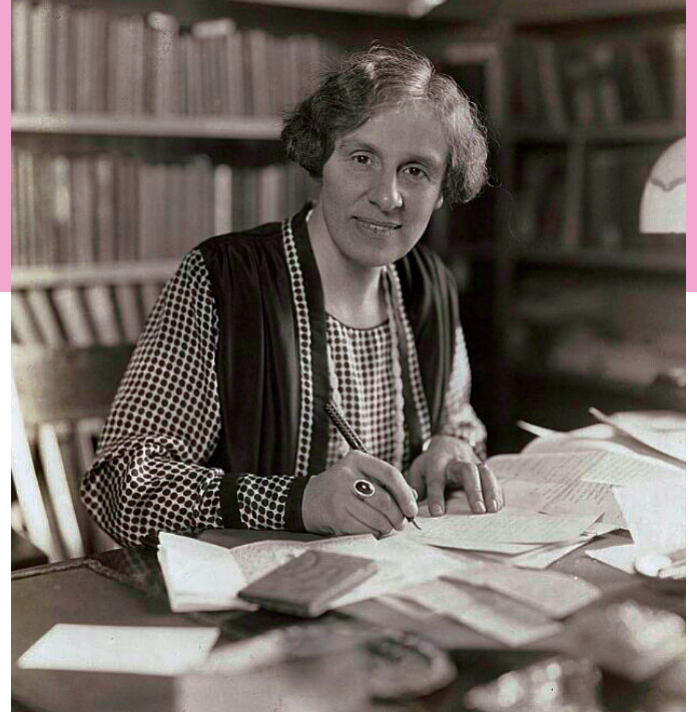
– simply ‘winked’ at it. Writing about women preaching in 1916 Mr Bouchier had asserted that “No bishop has any authority to permit such a practice”, but by the time Henrietta delivered the sermon at St Jude-on-the-Hill, he must have modified his view. She took as her text a passage from the Old Testament: “And the ass saw the Angel of the Lord” (Numbers 22:23). She said that if an ass could see the angel, we should all take comfort because who could not say at some point in their lives “write me down an ass”. She went on to speak of the need for reconciliation after the Great War and hoped the churches would follow the lead of the League of Nations (the predecessor of today’s United Nations) in seeking unity. She feared they would lag behind as ‘too often’ they had in the past and not show a ‘progressive spirit’. She quoted her late husband (he died in 1913) who had worked to unite:

High and low,
 Rich and poor,
 Old and young,
 Ignorant and learned,
 Labour and Capital,
 Jew and Gentile,
 Established and Free Churches.

The War, of course, had brought about a shift in perceptions of women’s role in society, most notably the widening of the right to vote. On 14 January 1919 a debate was held at the Hampstead Garden Suburb Institute on the subject To What Extent (if at all) should Women be Admitted to the Public Ministry of the Church. The motion was proposed by Mabel St Clair Stobart, who had gone with Basil Bouchier to Belgium during the war with a medical team of women. Mr Bouchier opposed the motion. Mrs Stobart addressed the possible arguments against, including that it would be contrary to scripture, pointing out that the Bible did not authorise women to work as munitions workers or

surgeons but that did not stop them doing so during the war. Mr Bouchier relied on the classic arguments, including that the church should not be compared with other organisations. The motion was defeated 29 to 21. It is not recorded whether Henrietta was in the audience, but she no doubt paid close attention to the result.

Between 1919 and 1922 the right of women to preach in church was debated annually by the Canterbury Convocation (the collective decision-making body of the Church of England at the time). The outcome was that women’s right to speak and lead prayers in consecrated buildings was ‘normally’ to be confined to congregations of women and children. Unsurprisingly, Henrietta was not happy with this decision. In 1920 the Bishop of London had asked her not to accept any more invitations to preach until the Lambeth Conference of Bishops held later that year had discussed the matter. She complied, but expressed her views on the topic in an interview with the Church Family Newspaper in March 1921. She thought the decision was prompted by the ‘vain hope of reconciling the irreconcilables’. The church, she said, was always lagging behind “in acceptance of the discoveries of science, in social readjustments.” That the latest development was connected with sex distinction, said the interviewer, was ‘unfortunate’. Henrietta exclaimed: “Unfortunate – the word is not strong enough. The English world has gone mad on sex. It is like a delusion, seen or apprehended, whether it is there or not. In plays, cinemas, fiction, press jokes, it is treated as if it were the one subject worth considering, instead of one of the incidents of mammalian existence. What an opportunity for the Church in effect to say that the spiritual is so much higher and stronger than the material...” This sounds all



(Agnes) Maude Royden, who lived at 2 South Square (Photo: Underwood & Underwood, National Portrait Gallery)



Dame Henrietta Barnett, who lived at 1 South Square (Photo: Source unknown)

too familiar: 100 years on the same sentiments still resonate.

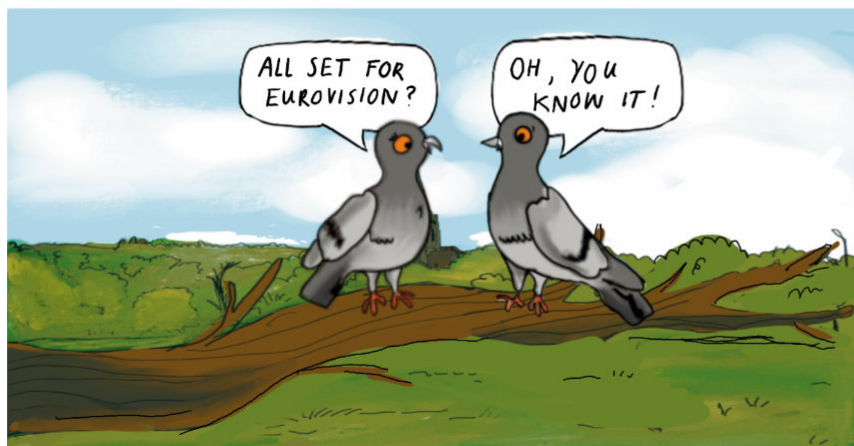
Next door to Henrietta, at 2 South Square, lived the ardent suffragist and church feminist Maude Royden (in a somewhat complex domestic arrangement with the Rev. G. W. Hudson Shaw and his wife Effie). Maude openly rebelled against the 1920s ban, which led to her international fame. The limited progress towards the ordination of women made in the early twentieth century stalled in the 1930s and only in 1992, after a long campaign, did the General Synod of the Church of England decide to allow the ordination of women. Church Secretary Elinor Delaney preached at St Jude’s in the 1980s when exploring ministry (before she was asked to stand

down). The Reverend Marie-Elsa Bragg preached at midnight mass in 2010 at the invitation of the then Vicar the Reverend Alan Walker. The first time a woman presided at St Jude’s was on 29 May 2022. St Jude’s has a long-standing association with the parish church of St John the Evangelist at Jawalla in Guyana and the Reverend Roxanne Franklin-Hunte preached and presided at St Jude’s at the annual Guyana Sunday service.

In 2023 St Jude’s, and the Suburb, enters a new era. Henrietta Barnett may be regarded as old-fashioned on some issues, but on the role of women in the church, she was bang up to date.

I am grateful to Alan Walker for his assistance in writing this article.

MARGERY + RICHARD



Freshly ground heaven

MARIE-CHRISTINE O'CALLAGHAN

I grew up in a country where adults seem to drink qahwa morning, noon and night. This fragrant drink was served in pretty small cups and saucers and required magical preparation and skillful drinking. The preparation involved an unusual small pot with a long handle, and a spout, in which were mixed water, finely ground dark qahwa and sometimes sugar. These ingredients were carefully measured and even more carefully heated as a lack of care could result in the whole potion overflowing. The finished result was then delicately poured into the cups. There was also an art to drinking this qahwa as one sip too many would leave you with a mouthful of dregs.

The whole process was very much a social affair, while you could drink alone, you usually did it in a group, and, occasionally, someone in the group would be able to predict the future and the magic would continue. The saucer would be placed on top of the cup, and three horizontal circles would be executed then, a quick movement would turn the whole thing upside down thus bringing the qahwa grounds down the cup in interesting patterns which allowed the reader to interpret the shapes and see, perhaps, a meeting with a tall dark stranger.

Qahwa is Lebanese coffee. The Lebanese are the descendants of a long line of Arabic coffee drinkers. The word 'coffee' is itself ultimately derived from the Arabic qahwa. There is some debate as

to the origin of the Arabic word. One theory is that it can be traced to the Arabic verb qahā, meaning 'lack of hunger', a property attributed to coffee. Another is that it comes from the Kaffa region of Ethiopia where coffee plants thrive in the wild. Ethiopia is indeed considered to be the birthplace of the coffee plant and of coffee culture. It was discovered there as long ago as the ninth century and today, over 12 million people in Ethiopia are involved in the cultivation and picking of coffee.

Coffee was always controversial. In the Islamic countries they tried to declare coffee an intoxicant forbidden by Islamic law, but the moralists fought a losing battle, they were opposed by well-educated coffee-drinkers from the highest ranks of the religious and political hierarchy and so, in 1857, Sheik Ansari Djezeri Hanball Abd-al-Kadir, could write: "Coffee is the common man's gold, and like gold it brings to every man the feeling of luxury and nobility."

Coffee first came to Britain in the 16th century and I, for one, am very grateful as mornings would not be the same without an ambrosial cup of coffee which as Talleyrand puts it is 'Black as the devil, hot as hell, pure as an angel, sweet as love'.



WHAT'S NEW IN THE VIRTUAL MUSEUM?

It's people that make the Suburb

JUDY SMITH

In the past few months, we have been putting together our Suffragette Collection to go into the Museum and by the time you are reading this it should be there for you to explore. We discovered, whilst exploring the lives of the remarkable people involved in the universal suffrage movement, that most of them also were leaders in other fields of achievement. Whether it was Rebecca West, the author and international journalist, Edith How Martyn who became the Director of the Birth Control Centre, Charles Vickery Drysdale, co-founder of The Institute of Physics or Margaret Grace Bonfield who became a Labour MP and the first female cabinet minister – along with many others.

We found that Henrietta Barnett's dream of a creative-lived

environment encouraged artists, writers, architects, actors, sporting personalities, academics, inventors, politicians and people of so many more professions to choose Hampstead Garden Suburb as their home.

We decided to concentrate and highlight the lives of the vast number of individuals using the People section of the Museum. You can search by the various categories and key facts on each person will be there, including where they lived in the Suburb.

Each category will have a full introduction and this will be an open collection of material which we can add to as we discover more remarkable residents and more information on their lives.

If you know of a Suburb resident who you think should be featured in our People section, do please tell us about them at info@hgsheritage.org.uk.

Can you identify the former Suburb residents in the photos below? Answers in the next eNews.



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Every Sunday at 10.30am. All welcome.



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